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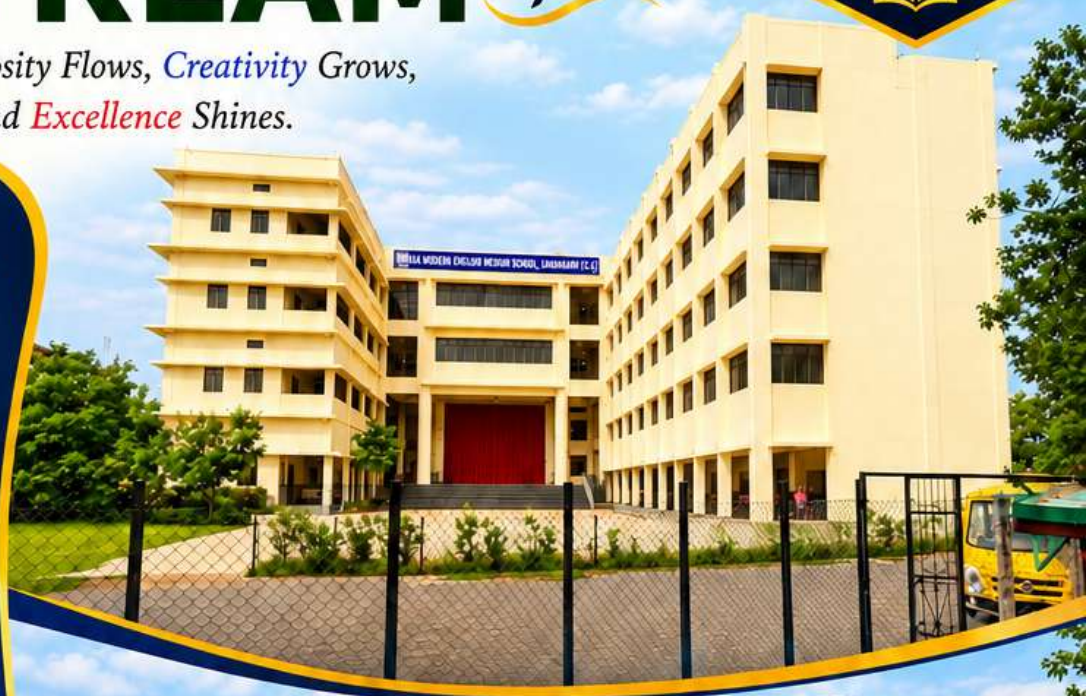
SARANGARH, CHHATTISGARH

Affiliated to CBSE , New Delhi And Affiliation No. 3330161

VOLUME 5
ISSUE 5
16 AUG 2026
TO
31 AUG 2026
FORTNIGHTLY
A MAGAZINE
PUBLISHED
TWICE A MONTH

YOUNG STREAM

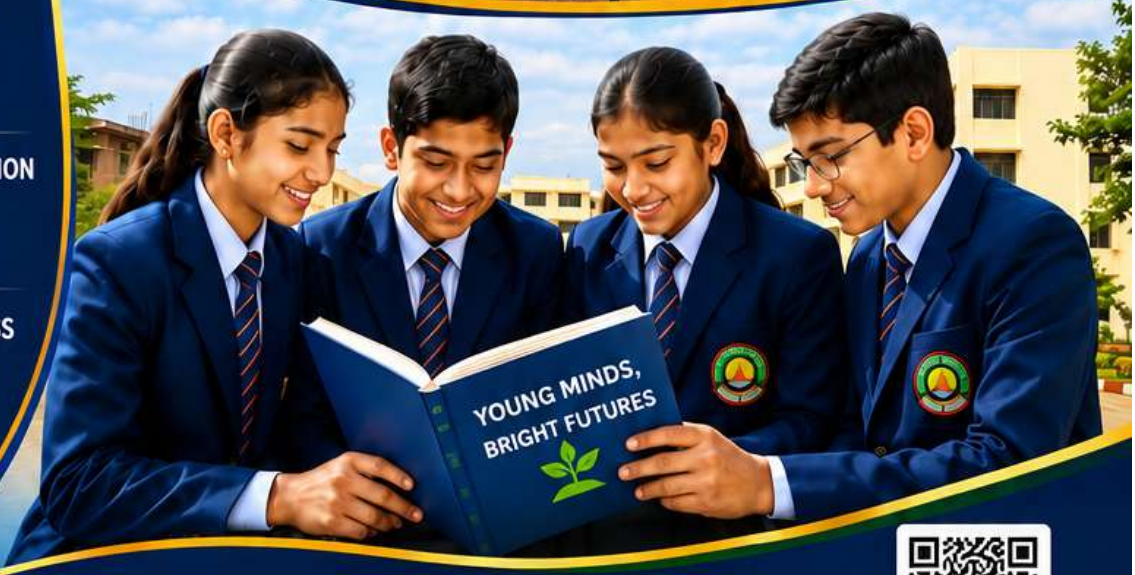
Where Curiosity Flows, Creativity Grows, and Excellence Shines.



INSIDE THIS ISSUE

- **CAMPUS HIGHLIGHTS** Events, Celebrations & Activities
- **ACADEMIC EXCELLENCE** Innovative Learning & Classroom Practices
- **STUDENT ACHIEVEMENTS** Awards, Competitions & Recognitions
- **CREATIVE CORNER** Poems, Stories, Art & More
- **SCIENCE & INNOVATION** Facts, AI, Robotics & STEM
- **HEALTH & WELLNESS** Tips for a Better Lifestyle

... And Much More!



THEME OF THE EDITION
A NEW BEGINNING
A BRIGHTER TOMORROW

> "Education is not the filling of a bucket, but the lighting of a fire."
> – *William Butler Yeats*

(SCAN ME)
For Photo Gallery & More Updates

LEARN with Curiosity | **LEAD** with Confidence | **SERVE** with Compassion | **GROW** with Character

IGNITING YOUNG MINDS, SHAPING A BRIGHTER FUTURE

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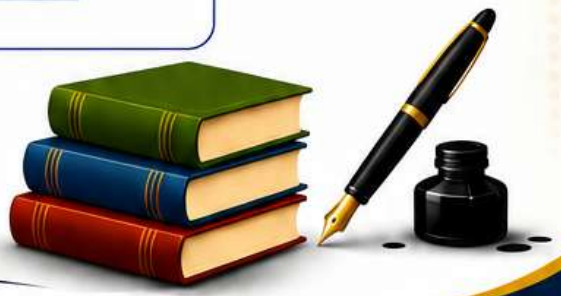


G. S. Parhi



S. Das

> *Together we create,*
> *together we inspire,*
> *together we make a difference.*



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Dr. Ritesh Kesharwani

Founder – Mona Group of Education
Principal
Mona Modern English Medium School

> *The beautiful thing about learning is that no one can take it away from you.*
> – B.B. King

CHIEF PATRON'S *Message*

Dear Students, Parents, Teachers and Well-wishers,

It gives me immense pleasure to present the Fortnightly edition of Young Stream. This magazine is a celebration of the spirit, talent, creativity and achievements of our vibrant school community.

At Mona Modern English Medium School, Sarangarh, we believe that education is not just about academic excellence, but about nurturing values, developing character and encouraging every child to dream, discover and do their best.

Young Stream will serve as a platform to share ideas, recognize achievements, inspire innovation and showcase the diverse talents of our students and staff. I am confident that it will strengthen our bond as a community and motivate us to reach greater heights together.

Heartiest congratulations to the entire team behind this wonderful initiative. I extend my best wishes to all the readers and look forward to your active participation and valuable feedback.

Let us continue to learn, grow and shine together!

Wishing you all happy reading!

Ritesh

Dr. Ritesh Kesharwani
Founder – Mona Group of Education
Principal
Mona Modern English Medium School, Sarangarh



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EDITORIAL

From the Desk of the Editor-in-Chief



Dr. Toshi Gupta
Editor-in-Chief

Dear Readers,

It gives me immense pleasure to welcome you to the first Fortnightly edition of **Young Stream**.

This magazine is a reflection of our school's vibrant spirit, creativity, achievements and the limitless potential of our students. It is a platform where ideas take shape, talents are celebrated and voices are heard.

In today's fast-changing world, it is important for young minds to stay curious, expressive and compassionate. Through Young Stream, we aim to inspire our students to explore new possibilities, think innovatively and contribute meaningfully to the world around them.

I extend my heartfelt gratitude to our students, teachers and the entire editorial team for their dedication and hard work in bringing this magazine to life.

Let us continue to learn, create and achieve together.

Happy Reading!

Toshi Gupta
Dr. Toshi Gupta
Editor-in-Chief
Young Stream

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CAMPUS HIGHLIGHTS

A Campus that Inspires, Nurtures and Empowers

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- **CAMPUS HIGHLIGHTS** — Events, Celebrations & Activities
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- **HEALTH & WELLNESS** — Tips for a Better Lifestyle

THEME OF THE EDITION
A New Beginning
A Brighter Tomorrow

> *"Our campus is more than buildings, it is a place where dreams begin and futures grow."*




Spacious Classrooms


Smart Learning


Well Stocked Library


Advanced Labs


Activity Zone


Green Campus

Where Every Child Thrives

Arts & Creativity



Music & Dance



Robotics & Innovation



Yoga & Wellness



A Place to Learn, A Space to Grow, A Community to Belong.

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Navigating the Journey of Student Life



Student life is one of the most important and memorable phases of a person's life. It is not just about studying from textbooks, completing homework, and preparing for examinations. It is also a time when we learn about ourselves, make friends, face challenges, and create memories that stay with us for years.

A Journey Beyond Academics

Studies are an important part of student life, but education is not limited to the classroom.

Discovering Yourself: School gives us many opportunities to find our interests and talents. Some students enjoy sports, while others may be interested in writing, speaking, music, art, or other activities.

Making Good Friends: The friends we make during our school years become an important part of our lives. Sharing jokes, helping each other with studies, and going through difficult times together makes these friendships special.

Learning from Challenges: Exams, competitions, deadlines, and failures teach us how to deal with difficult situations. These experiences help us become stronger and learn from our mistakes.

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Balancing Freedom and Discipline

Student life is a stage between childhood and adulthood. During this time, we slowly learn to take responsibility for our own actions. Managing our time, completing our work on time, and following a routine can help us become more disciplined and responsible.

How to Make the Most of Student Life

Stay Curious: Instead of only memorising things for marks, try to understand what you are studying and ask questions whenever you are curious.

Take Part in Activities: Participating in sports, competitions, school events, and other activities can improve confidence and teach us how to work with others.

Maintain a Balance: Studies are important, but so are physical activity, hobbies, friends, and proper rest. A balanced routine helps us stay active and focused.

Student life is not only about preparing for the future. It is also about enjoying the present, learning new things, making memories, and becoming a better person. The habits and values we develop during these years can guide us throughout our lives.

Name : Utsav Dewangan

Class : 7th Tulip **Co-editor- Sanskar Shukla**

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The Rise of Artificial Intelligence: Opportunities and Challenges



Artificial Intelligence has transitioned from a concept of science fiction into one of the defining technologies of the 21st century. As AI systems become deeply integrated into global industries, they are fundamentally altering how humans work, communicate, and solve complex problems. This rapid technological evolution presents a powerful duality: unprecedented opportunities for human advancement alongside profound societal and ethical challenges.



Name : Himanshi Jaiswal

Class: 7th Tulip **Co-editor- Sanskar Shukla**

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My Parents - My World



My parents are my everything. They are the reason for my smile and my success.

My father is my hero. He works very hard from morning to evening just to give us a good life. He never complains about tiredness. He teaches me to be strong, honest and to never give up.

My mother is my first teacher and best friend. She wakes up early, makes food for us, helps me in my homework and takes care of the whole family. Her love has no limit. When I am sad, only her hug makes me feel better.

They both sacrifice their own happiness for my future. They don't buy things for themselves but fulfill all my needs.

I am very lucky to have such parents. I promise I will always respect them, obey them and make them proud one day. I love my parents more than anyone in this World.

Name : Minketan Patel

Class : 6th Lotus

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मेहनत का फल



एक बार की बात है, खुशी और वंशिका नाम की दो लड़कियाँ थीं। वे दोनों ही बहुत होशियार थीं। वंशिका हमेशा कक्षा में पहला स्थान लाती थी और खुशी हमेशा तीसरा स्थान लाती थी। एक दिन खुशी की माँ ने उसे अपने पास बात करने के लिए बुलाया। खुशी की माँ ने कहा, 'बेटा, तुम पहला स्थान क्यों नहीं लाती? हमेशा तीसरा ही क्यों?' खुशी ने कहा, 'मुझे नहीं पता माँ।' खुशी की माँ ने कहा, 'अब से तुम्हें भी मेहनत करके पहला स्थान ही लाना है।'

इसके बाद खुशी दिन-रात मेहनत करने लगी। जब उसने परीक्षा दी, तो उसे सब कुछ बहुत आसान लगा। जब मार्कशीट आई, तो उसने देखा कि उसे पहला स्थान मिला है। वह यह देखकर बहुत खुश हुई। उसने वंशिका से पूछा कि उसका कौन सा स्थान आया है। इस बार वंशिका को दसवाँ स्थान मिला था। यह देखकर वह रोने लगी, क्योंकि वंशिका आजकल बहुत ज़्यादा मोबाइल में गेम खेलती रहती थी। खुशी को पहला स्थान मिलते देखकर वंशिका को अपनी गलती पर बहुत पछतावा हुआ। उसने सोचा कि उसने अपना सारा समय मोबाइल पर गेम खेलने में बिता दिया, जिससे उसकी पढ़ाई पर बुरा प्रभाव पड़ा। उसने प्रण लिया कि अब से वह मोबाइल पर कम ध्यान देगी और अपनी पढ़ाई पर पूरा ध्यान देगी

Name : Keshika verma

Class : 5th Lotus **Co-editor – Rajveer Singh**

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हाँ मै एक विद्यार्थी हूं



हाँ मै एक विद्यार्थी हूं.. विद्यार्थी का अर्थ होता है विद्या + अर्थी = विद्यार्थी अर्थात् विद्या ज्ञान प्राप्त करने वाला विद्यार्थी।

विद्यार्थी जीवन इतना आसान नहीं होता जब हम छोटे होते हैं तब हमारी माँ और परिवार हि सबसे अच्छा गुरु होता है और हम समझते हैं कि यही जीवन हैं।तब हमारी माँ कहती हैं बेटा देखो अभी तुम्हे और भी बहुत कुछ सीखना है।

फिर जब हम स्कूल पहुंचते है तब हमें लगता है कि हमें सब कुछ आता है तभी हमारी टीचर पूछती है

ये क्या है तब हम कहते है आलू है तब टीचर कहती नहीं ये potato है वो हम से पूछती है कि ये क्या है तब हम कहते हैं भिड़ीं है तब टीचर कहती हैं Ladyfinger है और फिर हद तो तब होती है जब पापा को Father और मां को Mother कहतें है तब तो हमारी दुनियां हि हिल जाती है । तब समझ आता है कि मां ने हमें क्या समझाया था।

तब से लेकर आज तक मै एक विद्यार्थी हूं और हमेशा से रहूंगी क्योंकि मुझे जीवन में और भी बहुत कुछ सीखना है और ज्ञान अर्जित करना है

हां मैं एक विद्यार्थी हूं

Name : Akshata kesharwani

Class : 9th Rose

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चमकता सूरज



सूरज रोज़ सुबह उगता,
फैलाकर किरणें मुस्कुराता।
अंधकार सारा मिटाता,
आसमान में सदा दौड़ता।

चमकता दोपहर में तेज,
बादल को वह पीछे छोड़ता।
बर्फ को भी वह पिघलाता,
ठंड को दूर भगाता।

शाम होते ही ढल जाता,
लालिमा को फिर बिखेरता।
चंदा मामा से मिलता,
रात को फिर सो जाता।

Name : Reeya Jaiswal

Class : 8th Lotus

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माँ — मेरा सारा जहाँ



माँ है तो मैं हूँ, वरना मेरा कुछ है कहाँ,
ये दुनिया तो पराई है, वही तो है मेरा सारा जहाँ।

हर मुश्किल में आकर, वह मुझे संभाल लेती है,
मेरी छोटी-सी खुशी में भी, वह अपनी खुशियाँ ढूँढ़ लेती है।

मेरे मन की हर बात, माँ बिना कहे जान जाती है,
मैं कैसे कह दूँ कि माँ, वह कुछ नहीं जानती है।

माँ के पैरों में जन्नत है, माँ के हाथों में सुकून,
माँ की गोद में स्वर्ग है, माँ का प्रेम है अनमोल।

माँ मेरी पहली दुआ है, माँ ही मेरी पहचान,
माँ है तो ये जीवन है, माँ से ही मेरा सारा जहान।

Name: Yushika Sahu
Class : 9th (Sunflower)
Co-editor- Sanskar Shukla

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The Silent Peace



When the noise is loud and deep,

And the promises you keep,

Close your eyes and breath in slow,

Find the quiet place you know.

Drop the weight you carry

Round,

Let your own true heart be found.

In the silence,clear and bright,

Rest your soul and claim the light

Name : Nandani Tiwari

Class : 5th Rose

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मॉडलिंग की दुनिया में ग्यारहवीं के सागर यादव की शानदार उपलब्धि

कृषि विषय के विद्यार्थी सागर ने बड़े फैशन मंचों पर बनाई पहचान



मोना मॉडर्न स्कूल, सारंगढ़ के कक्षा 11वीं, कृषि विषय के विद्यार्थी सागर यादव ने पढ़ाई के साथ-साथ मॉडलिंग के क्षेत्र में अपनी प्रतिभा और आत्मविश्वास का शानदार प्रदर्शन करते हुए उल्लेखनीय उपलब्धियाँ हासिल की हैं। कम उम्र में ही बड़े फैशन मंचों पर अपनी प्रभावशाली रैम्प वॉक और व्यक्तित्व से सागर ने अपनी अलग पहचान बनाई है।



लखनऊ में बने सेकंड रनर अप 2 अगस्त 2026 को लखनऊ में आयोजित डिजाइनर्स ड्रीम नाइट – द आइकॉनिक फैशन शो, सीजन-6 में सागर यादव ने स्पेशल वॉक के रूप में शानदार प्रदर्शन किया। प्रतियोगिता में अपने बेहतरीन प्रदर्शन के दम पर सागर सेकंड रनर अप रहे। इस अवसर पर उन्हें सेलिब्रिटी तेजस्वी प्रकाश के हाथों पुरस्कार प्राप्त करने का गौरव मिला।

दिल्ली-एनसीआर में भी शानदार प्रदर्शन 9 मई 2026 को दिल्ली-एनसीआर में आयोजित फैशन शो में भी सागर ने अपनी प्रभावशाली रैम्प वॉक से अपनी प्रतिभा का परिचय दिया और सम्मान प्राप्त किया। इस तरह लखनऊ और दिल्ली-एनसीआर के प्रतिष्ठित फैशन मंचों पर उनकी प्रतिभा को पहचान मिली।

YOUNG STREAM

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एक्स इमेज मॉडल्स और अभिनेत्री अंतिम सिंह से मिला सम्मान सागर ने एक्स इमेज मॉडल्स के साथ कॉट्योर डिजाइनर वीक – एडिशन 2.0 के रनवे पर ऑफिशियल मॉडल के रूप में वॉक किया, जिसके लिए उन्हें सर्टिफिकेट ऑफ एप्रिसिएशन प्रदान किया गया। इसके अलावा भोजपुरी अभिनेत्री अंतिम सिंह के हाथों भी सागर को पुरस्कार प्राप्त करने का गौरव मिला।





पढ़ाई के साथ मॉडलिंग में भी आगे सागर की उपलब्धि इसलिए भी खास है क्योंकि वे मोना मॉडर्न स्कूल, सारंगढ़ के कक्षा 11वीं में कृषि विषय के विद्यार्थी हैं। पढ़ाई के साथ अपने मॉडलिंग के हुनर को आगे बढ़ाते हुए वे युवाओं के लिए प्रेरणा बन रहे हैं।



सागर यादव की सफलता ने उनके परिवार और विद्यालय को गौरवान्वित किया है। उनकी यह उपलब्धि यह संदेश देती है कि पढ़ाई के साथ अपनी प्रतिभा को अवसर देकर युवा अपने लिए नई पहचान बना सकते हैं।

कृषि की पढ़ाई से फैशन के रनवे तक—सागर यादव का यह सफर प्रतिभा, आत्मविश्वास और मेहनत की प्रेरणादायी कहानी है।

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Kirti The Art Gallery

Sarvesh Agrawal

Class 4th lotus





Anika

Kesharwani

Class 3rd Lotus





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Kirti The Art Gallery

Tejaswi Sahu

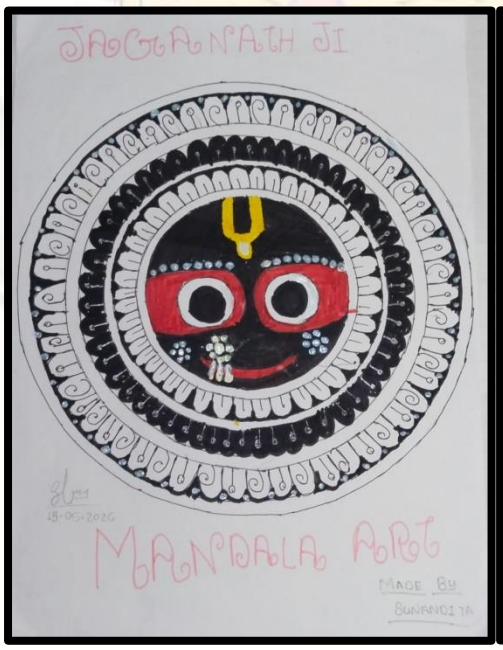
Class 8th Lotus





Sunandita Bariha

Class 7th Rose





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Kirti The Art Gallery

Sunandita Bariha
Class 7th Rose





Shuruti Kewat
Class 8th





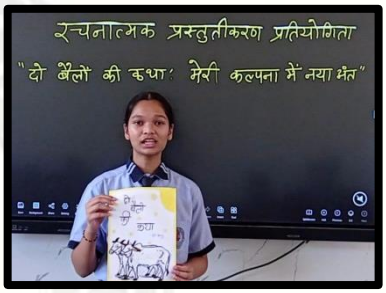
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"Do Bailon Ki Katha"



Mona Modern English Medium School, Sarangarh organized a creative presentation competition based on the famous Hindi story **"Do Bailon Ki Katha"** by Munshi Premchand.

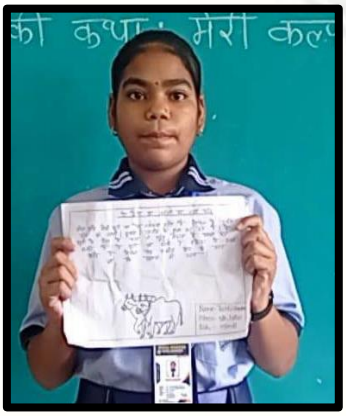
The students presented the story through an engaging and lively performance. They beautifully portrayed the characters of **Heera and Moti**, highlighting the values of friendship, love, self-respect, freedom, and compassion towards animals.

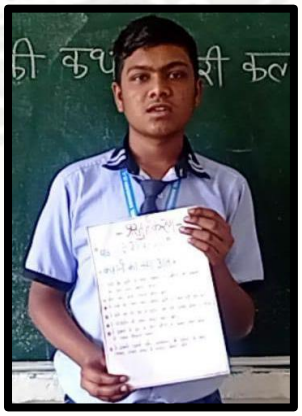
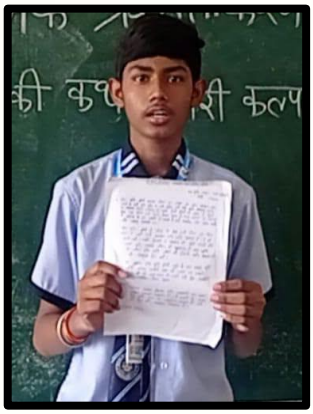


Through their dialogues, acting, and expressions, the students brought different scenes of the story to life. The presentation showcased their **creativity, confidence, acting skills, teamwork, and understanding of literature**.

The activity provided students with an opportunity to learn through creative expression while delivering the meaningful message that **true friendship, love, and freedom are valuable for every living being**.

Mona Modern English Medium School, Sarangarh continues to encourage students to explore their talents and develop confidence through such creative and engaging activities.



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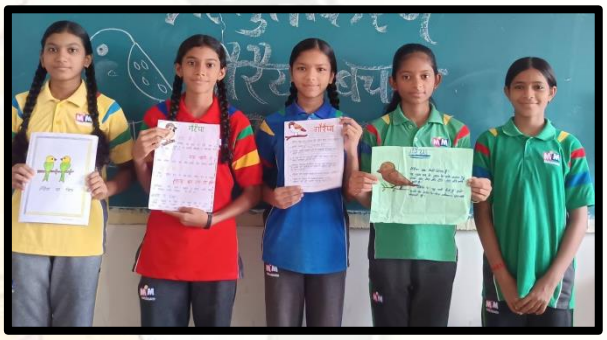
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Presentation on "Save Sparrows, Decorate Nature"



The sparrow is a small, beautiful, and lovely bird that has always been a familiar part of our surroundings. Earlier, we could often hear the sweet chirping of sparrows around our homes, gardens, and trees. However, their number is gradually decreasing, which is a matter of concern.



Sparrows play an important role in maintaining the balance of nature. To protect them, we should plant more trees, provide clean drinking water and grains, and place small bird nests in our homes, balconies, and gardens. We should also protect their natural habitats and treat all birds with kindness and care.

Through this presentation, the students spread awareness about sparrow conservation and highlighted the importance of protecting nature. **Saving birds means protecting our environment and creating a healthier future for everyone.**

Save Sparrows, Plant Trees,
Beautify Nature and Protect the Environment.

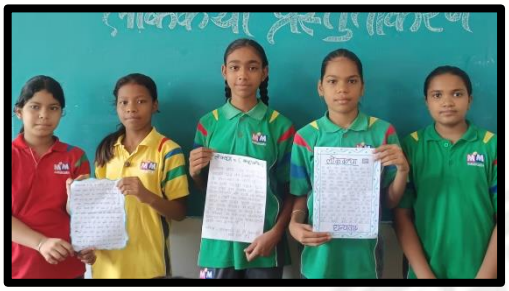






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Presentation on Folk Tale



Folk tales are traditional stories that have been passed down from one generation to another. They are an important part of our culture, heritage, and traditions. These stories are often filled with interesting characters, imagination, wisdom, and valuable life lessons.

Through this presentation, the students explored the fascinating world of folk tales and learned how stories can teach us important values such as honesty, kindness, courage, friendship, and wisdom.



The presentation also highlighted the rich diversity of Indian folk tales from different regions. Students presented stories with enthusiasm and creativity, making the session enjoyable and educational for everyone.

Folk tales not only entertain us but also help us understand our culture and learn meaningful lessons for life. Such activities encourage students to develop their storytelling skills, confidence, creativity, and appreciation for our cultural heritage.



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Presentation on Chola Temples



The Chola temples are among the finest examples of ancient Indian architecture and art. They were built during the rule of the Chola dynasty in South India, especially between the 9th and 13th centuries.

The Chola rulers were great patrons of art, architecture, sculpture, and culture. They constructed magnificent temples with tall **vimanas**, beautifully carved pillars, detailed sculptures, and large temple courtyards.



One of the most famous Chola temples is the **Brihadeeswarar Temple at Thanjavur**, built by King Rajaraja Chola I. It is famous for its grand stone architecture and huge central tower. Other important temples include the **Gangaikonda Cholapuram Temple** and the **Airavatesvara Temple at Darasuram**.

Chola temple art is especially known for its beautiful bronze sculptures. The famous **Nataraja**, depicting Lord Shiva as the cosmic dancer, is one of the finest achievements of Chola sculpture.

These temples were not only places of worship but also important centres of education, music, dance, culture, and social life. Their artistic excellence continues to inspire people even today.






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National Deworming Programme



Mona Modern English Medium School, Sarangarh actively participated in the **National Deworming Programme**, an important public health initiative aimed at protecting children from intestinal worm infections.

The programme focused on creating awareness among students about the importance of personal hygiene, clean surroundings, safe drinking water, and proper sanitation. Students were encouraged to wash their hands regularly, keep their nails clean, wear footwear, and consume properly washed and cooked food.



As part of the programme, students were educated about the harmful effects of worm infections, such as weakness, abdominal discomfort, loss of appetite, and poor nutritional health. The importance of taking deworming medicine as advised by health authorities was also explained to them.

Teachers guided the students and encouraged them to adopt healthy habits in their daily lives. The programme helped students understand that maintaining good hygiene and sanitation is essential for staying healthy and active.







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Self-composed Poetry Presentation



Mona Modern English Medium School, Sarangarh organized a creative and inspiring **Self-Composed Poetry Presentation** to encourage students to express their thoughts, feelings, imagination, and creativity through poetry.

Students enthusiastically presented poems composed by themselves on a variety of themes such as **nature, friendship, education, kindness, patriotism, dreams, environment, and life**. Each poem reflected the unique ideas and imagination of the young poets.



The students presented their poems confidently with appropriate expressions, voice modulation, and gestures. Their performances created an enjoyable and encouraging atmosphere for everyone. The activity also helped students improve their **language skills, vocabulary, confidence, creativity, and public-speaking abilities**.

Teachers appreciated the sincere efforts and creative ideas of all the participants. The presentation provided students with a wonderful platform to showcase their literary talent and discover the joy of writing.



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Fruit Chat Making Activity



Mona Modern English Medium School, Sarangarh organized a fun and educational **Fruit Chaat Making Activity** to encourage students to learn about healthy eating habits and the importance of nutritious food.

The activity gave students an opportunity to learn about different fruits and their nutritional benefits. Students enthusiastically participated in preparing delicious and colourful fruit chaat using a variety of fresh fruits.



With the guidance of their teachers, students learned about cleanliness, food hygiene, and the importance of washing fruits properly before eating. They also developed practical skills such as cutting, mixing, presenting, and sharing food.

The activity created a joyful learning environment and encouraged students to choose healthy food over junk food. It also helped develop their **teamwork, creativity, confidence, and communication skills**.

The Fruit Chaat Making Activity was an enjoyable and enriching experience for all the students. It successfully combined **learning, health awareness, creativity, and fun** in a meaningful way.







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Onam Celebration – Group Dance Performance



Mona Modern English Medium School, Sarangarh celebrated the vibrant festival of **Onam** with great enthusiasm and joy. The celebration provided students with an opportunity to learn about the rich cultural traditions of Kerala and appreciate the diversity of Indian festivals.



A special **dance performance** was presented by the students as part of the celebration. Dressed in colourful and traditional attire, the students performed with grace, energy, and confidence. Their synchronized movements and expressive presentation beautifully reflected the festive spirit of Onam.

The performance highlighted important values associated with the festival, including **unity, happiness, harmony, gratitude, and togetherness**. The audience appreciated the students' wonderful performance and applauded their dedication and hard work.

The celebration also helped students understand that India's cultural diversity is one of its greatest strengths. Through such activities, the school encourages students to respect and celebrate different cultures and traditions.

The **Onam Celebration and Dance Performance** was a memorable and joyful experience that filled the school with colour, music, and enthusiasm.





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Onam Celebration –Group Song Performance



Mona Modern English Medium School, Sarangarh celebrated the vibrant festival of **Onam** with great enthusiasm and happiness. The celebration showcased the rich cultural heritage and traditions associated with this beautiful festival of Kerala.

As part of the celebration, students presented a melodious **song performance** that beautifully captured the festive spirit of Onam. The students sang with confidence, enthusiasm, and excellent coordination, creating a joyful and colourful atmosphere in the school.



The performance reflected the themes of **unity, happiness, prosperity, friendship, and togetherness** associated with Onam. The students' melodious voices and energetic presentation were appreciated by teachers and fellow students.

Through this activity, students not only showcased their musical talents but also learned about the importance of respecting and celebrating India's diverse cultures and traditions.

The **Onam Song Performance** was a memorable and enjoyable part of the celebration, leaving everyone with a sense of joy, harmony, and cultural pride.







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Rakhi Celebration Pre Primary



Mona Modern English Medium School, Sarangarh celebrated the beautiful festival of **Raksha Bandhan** with great enthusiasm and joy. The celebration highlighted the special bond of love, care, and affection between brothers and sisters.

Students participated enthusiastically in various activities related to Rakhi. They created colourful and creative **Rakhis** using different decorative materials. The activity provided students with an opportunity to express their creativity while learning about the cultural significance of the festival.





The celebration also emphasized the values of **love, respect, protection, sharing, and family bonding**. Students learned that Raksha Bandhan is not only a festival of tying a Rakhi but also a celebration of the strong relationships and responsibilities we share with our loved ones.

The colourful Rakhis, cheerful smiles, and enthusiastic participation made the occasion memorable. Teachers appreciated the efforts and creativity of the students and encouraged them to respect and cherish their family relationships.

The **Rakhi Celebration** was a joyful and meaningful experience that filled the school with happiness, warmth, and the spirit of togetherness.

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Rakhi Puja Thali



Mona Modern English Medium School, Sarangarh organized a creative and joyful **Rakhi Puja Thali Making Activity** as part of the Raksha Bandhan celebration. The activity provided students with an opportunity to showcase their creativity while learning about the cultural traditions associated with the festival.



Students enthusiastically decorated their Puja Thalis using colourful papers, flowers, ribbons, beads, mirrors, and other decorative materials. Each Thali was beautifully arranged with traditional items such as **Rakhi, roli, rice, diya, and sweets**, reflecting the festive spirit of Raksha Bandhan.



The activity encouraged students to understand the importance of **family bonds, love, respect, and togetherness**. It also helped develop their artistic skills, imagination, patience, and confidence.

The beautifully decorated Rakhi Puja Thalis added colour and charm to the celebration. Teachers appreciated the creativity and sincere efforts of all the participating students.







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Raksha Sutra for Trees



Mona Modern English Medium School, Sarangarh organized a meaningful **"Rakhi for Trees"** activity to spread awareness about the importance of protecting trees and caring for nature.

As part of the activity, students lovingly tied colourful Rakhis around trees in the school premises. Through this unique initiative, they expressed their promise to **protect trees, keep the environment clean, and contribute towards a greener and healthier planet**.



The activity helped students understand that trees are like our friends and protectors. They provide us with oxygen, shade, fruits, shelter, and help maintain the balance of nature. Just as Raksha Bandhan celebrates the bond of care and protection between siblings, **Rakhi for Trees** symbolized our responsibility to protect and nurture the natural world.

Students participated with great enthusiasm and enjoyed making colourful eco-friendly Rakhis. The activity encouraged them to develop a sense of responsibility towards the environment and inspired them to plant and protect more trees.








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Rakhi Making Primary



Mona Modern English Medium School, Sarangarh organized a creative and colourful **Rakhi Making Activity** to celebrate the festival of Raksha Bandhan. The activity provided students with an opportunity to express their creativity while learning about the cultural significance of this beautiful festival.



Students enthusiastically made beautiful Rakhis using colourful threads, ribbons, beads, flowers, decorative papers, and other craft materials. They designed their Rakhis with great imagination and enthusiasm, creating unique and attractive patterns.

The activity helped students develop their **creativity, artistic skills, patience, and confidence**. It also taught them the values of love, care, respect, and the importance of family relationships.

Teachers appreciated the creative efforts of the students and encouraged them to celebrate festivals in meaningful and eco-friendly ways.









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Rakhi Celebration – Group Dance Performance



Mona Modern English Medium School, Sarangarh celebrated the auspicious festival of **Raksha Bandhan** with great enthusiasm and joy. The celebration highlighted the beautiful bond of love, care, respect, and protection between brothers and sisters.



As a special part of the celebration, students presented a lively and graceful **dance performance**. Dressed in colourful traditional attire, the students performed with confidence, energy, and enthusiasm. Their synchronized movements and expressive gestures beautifully reflected the joyful spirit of Raksha Bandhan.

The performance entertained the audience and created a cheerful atmosphere throughout the school. It also provided students with an opportunity to showcase their **talent, creativity, confidence, and teamwork**.

The celebration helped students understand the cultural significance of Raksha Bandhan and the importance of nurturing loving and respectful relationships with family members.

The **Rakhi Celebration and Dance Performance** was a memorable occasion filled with music, happiness, creativity, and togetherness.





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Rakhi Celebration – Group Song Performance

Mona Modern English Medium School, Sarangarh celebrated the auspicious festival of **Raksha Bandhan** with great enthusiasm and joy. The celebration highlighted the beautiful bond of love, care, respect, and protection between brothers and sisters.



As part of the celebration, students presented a melodious and heartwarming **song performance**. The students sang with confidence, enthusiasm, and excellent coordination, creating a joyful and festive atmosphere throughout the school.



The songs beautifully reflected the emotions of **love, affection, family bonding, and togetherness** associated with Raksha Bandhan. The students' melodious voices and confident presentation were appreciated by teachers and fellow students.

The activity provided students with a wonderful opportunity to showcase their **musical talent, creativity, confidence, and teamwork**. It also helped them understand and appreciate the cultural significance of the festival.

The **Rakhi Celebration and Song Performance** was a memorable and joyful occasion that filled the school with music, happiness, and the spirit of togetherness.





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Rakhi Making Primary



Mona Modern English Medium School, Sarangarh organized a creative and colourful **Rakhi Making Activity** as part of the Raksha Bandhan celebration. The activity aimed to encourage students to express their creativity while learning about the cultural importance of the festival.



Students participated enthusiastically and made beautiful Rakhis using colourful threads, ribbons, beads, flowers, decorative papers, and other craft materials. Each student created a unique Rakhi with imagination and care.

The activity helped students develop their **creativity, artistic skills, patience, concentration, and confidence**. It also helped them understand the values of love, affection, respect, and the special bond shared between brothers and sisters.

Teachers appreciated the students' efforts and encouraged them to celebrate festivals through creative and meaningful activities.

The **Rakhi Making Activity** was a joyful and enriching experience that filled the school with creativity, happiness, and the spirit of togetherness.









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Rakhi For Indian Army



Mona Modern English Medium School, Sarangarh organized a meaningful activity titled **"Rakhis for Brave Soldiers"** to express gratitude and respect towards the brave soldiers who protect our nation.

As part of the activity, students lovingly prepared colourful and beautiful Rakhis for the soldiers. Through these handmade Rakhis, the students conveyed their heartfelt wishes, respect, and appreciation for the courage and dedication of our armed forces.



The activity helped students understand the sacrifices made by our soldiers, who remain committed to safeguarding the country and its citizens. It also instilled feelings of **patriotism, gratitude, respect, and national pride** among the students.

Students participated with great enthusiasm and carefully decorated the Rakhis with creative designs and patriotic elements. The initiative beautifully connected the spirit of **Raksha Bandhan** with the nation's bond of respect and affection for its protectors. The **"Rakhis for Brave Soldiers"** activity was a heartfelt expression of gratitude and a memorable learning experience for the students. It reminded everyone that our soldiers deserve our respect, love, and appreciation for their selfless service to the nation.





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National Sports Day 2026 – Taali Yoga



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm and energy. As part of the celebration, students participated in a unique and enjoyable **Taali Yoga (Clapping Yoga)** activity.



Taali Yoga is a simple activity that combines rhythmic clapping with yoga and breathing exercises. Students performed different clapping patterns under the guidance of their teachers. The activity helped create a joyful atmosphere while encouraging students to stay active and focused.

The session also highlighted the importance of physical fitness, concentration, coordination, and a positive attitude. Students thoroughly enjoyed participating together and learned that regular physical activities can contribute to a healthy and energetic lifestyle.





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National Sports Day 2026 – Football

Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm and sporting spirit. As part of the celebration, students actively participated in a **Football Activity**, showcasing their energy, teamwork and passion for sports.



The football activity provided students with an opportunity to demonstrate their skills in **dribbling, passing, ball control and goal scoring**. Students played with great excitement and followed the rules and spirit of the game.



Football not only promotes physical fitness but also develops important qualities such as **teamwork, discipline, coordination, confidence and sportsmanship**. The students encouraged and supported one another throughout the activity.

The celebration reminded everyone that sports are an essential part of a healthy and balanced lifestyle. The cheerful participation of the students made the Football Activity a memorable part of **National Sports Day 2026**.





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National Sports Day 2026 – Kho- Kho



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm and sporting spirit. As part of the celebration, students participated in an exciting **Kho Kho Activity**, showcasing their speed, agility, teamwork and determination.



Kho Kho is a traditional Indian sport that requires quick reflexes, physical fitness, alertness and excellent coordination. The students actively participated in the game and displayed impressive running, chasing and dodging skills.

The activity helped students understand the importance of **teamwork, discipline, concentration, sportsmanship and physical fitness**. The enthusiastic participation of the students created an energetic and joyful atmosphere on the school ground.

Through this activity, students learned that sports are not only about winning but also about developing confidence, cooperation and a healthy competitive spirit.

The **Kho Kho Activity** was a memorable and enjoyable part of the **National Sports Day 2026** celebration at Mona Modern English Medium School, Sarangarh.



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National Sports Day 2026 – Tug of War



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm and excitement. As part of the celebration, students participated in an energetic and thrilling **Tug of War Activity**.

Tug of War is a team game that requires **strength, coordination, teamwork and determination**. Students formed teams and participated with great enthusiasm, encouraging their teammates throughout the activity. The cheerful atmosphere and enthusiastic participation made the event enjoyable for everyone.



The activity helped students understand the importance of **team spirit, cooperation, discipline, physical fitness and sportsmanship**. It also encouraged students to work together towards a common goal while respecting their opponents.









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Prize Distribution



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm and sporting spirit. The celebration concluded with a special **Prize Distribution Ceremony** to honour the students who demonstrated outstanding performance in various sports and activities.



The winners and participants were felicitated for their hard work, dedication, discipline and excellent sportsmanship. Students who participated in activities such as **Football, Kho Kho, Tug of War, Taali Yoga** and other sporting events received prizes and certificates of appreciation.



The prize distribution ceremony encouraged students to recognize the importance of **teamwork, perseverance, confidence and healthy competition**. The teachers appreciated the efforts of all the participants and motivated them to continue developing their sporting talents.







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National Sports Day 2026



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm, energy and sporting spirit. The celebration aimed to highlight the importance of sports, physical fitness, teamwork and discipline in the overall development of students.



The day was filled with various exciting sports and fitness activities. Students actively participated in **Football, Kho Kho, Tug of War, Taali Yoga** and other fun-filled activities. Each event provided students with an opportunity to showcase their talent, strength, coordination and team spirit.



The sporting activities encouraged students to understand the values of **discipline, cooperation, determination, confidence and sportsmanship**. Students cheered for their teammates and participated with great enthusiasm, creating a joyful and energetic atmosphere throughout the celebration.

A special **Prize Distribution Ceremony** was also organized to appreciate the achievements and efforts of the students. Winners and outstanding participants were felicitated with prizes and certificates, motivating them to continue their journey in sports and fitness.





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National Sports Day 2026



Mona Modern English Medium School, Sarangarh celebrated **National Sports Day 2026** with great enthusiasm, energy and sporting spirit. The celebration was organized to highlight the importance of sports, physical fitness, teamwork and discipline in the lives of students.

The day was filled with a variety of exciting sports and fitness activities. Students enthusiastically participated in **Football, Kho Kho, Tug of War, Taali Yoga** and other engaging activities. Their active participation reflected their enthusiasm, confidence and love for sports.



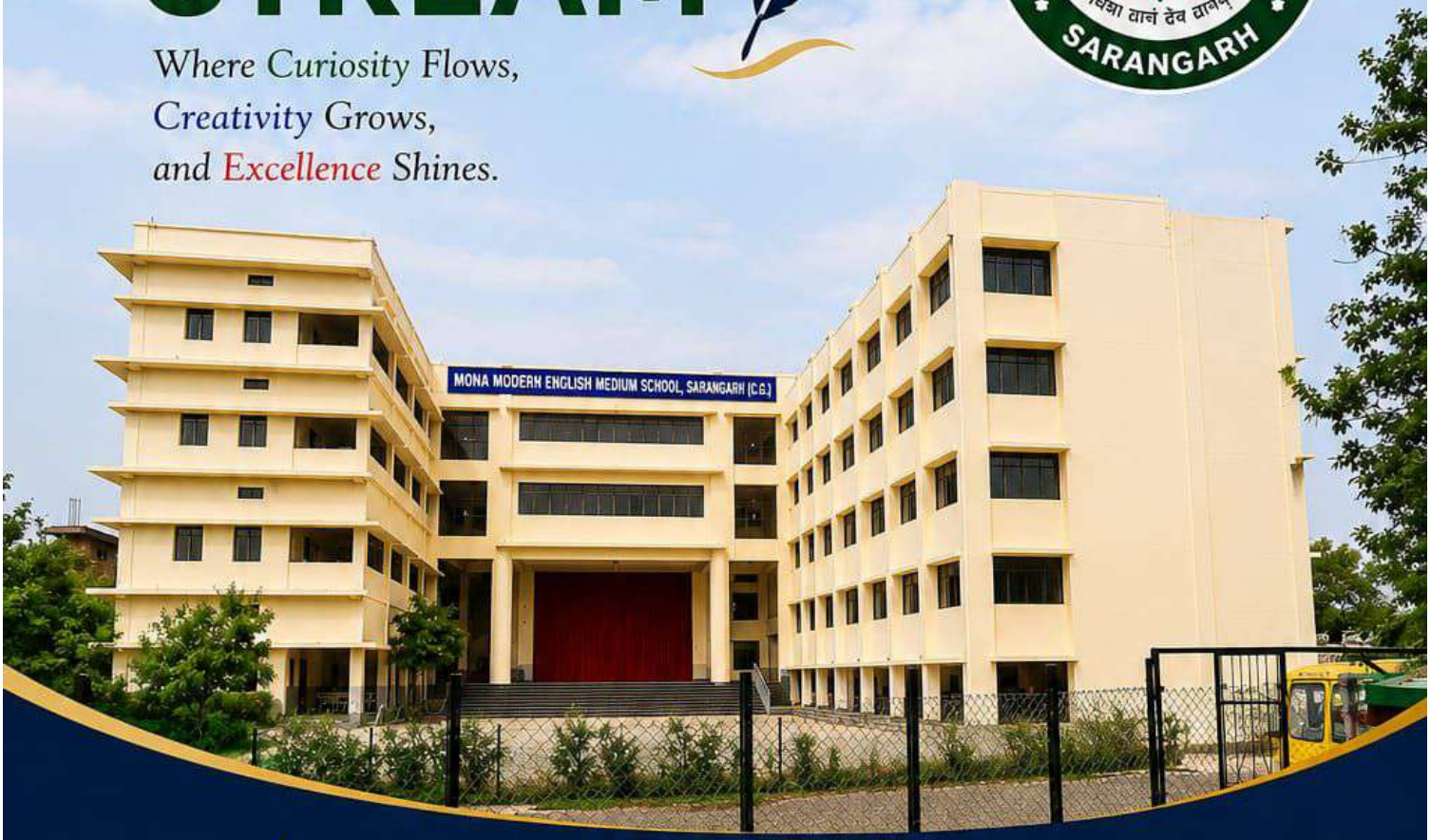
The various activities provided students with opportunities to develop important qualities such as **teamwork, coordination, concentration, discipline, determination and sportsmanship**.



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Where Curiosity Flows,
Creativity Grows,
and Excellence Shines.

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SARANGARH



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Young Stream is a platform that celebrates the ideas, talents and achievements of young minds.
It reflects our commitment to nurturing curiosity, creativity and character in every student.

LEARN with Curiosity

LEAD with Confidence

SERVE with Compassion

GROW with Character

> *Education is not the filling of a bucket, but the lighting of a fire.*
> – William Butler Yeats

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