



MONA MODERN ENGLISH MEDIUM SCHOOL

SARANGARH, CHHATTISGARH

Affiliated to CBSE, New Delhi And Affiliation No. 3330161

VOLUME 1
ISSUE 1

16 JUNE 2026
TO
30 JUNE 2026

FORTNIGHTLY
A MAGAZINE
PUBLISHED
TWICE A MONTH



YOUNG STREAM

Where Curiosity Flows, Creativity Grows,
and Excellence Shines.

INSIDE THIS ISSUE



CAMPUS HIGHLIGHTS

Events, Celebrations
& Activities



ACADEMIC EXCELLENCE

Innovative Learning &
Classroom Practices



STUDENT ACHIEVEMENTS

Awards, Competitions
& Recognitions



CREATIVE CORNER

Poems, Stories, Art
& More



SCIENCE & INNOVATION

Facts, AI, Robotics
& STEM



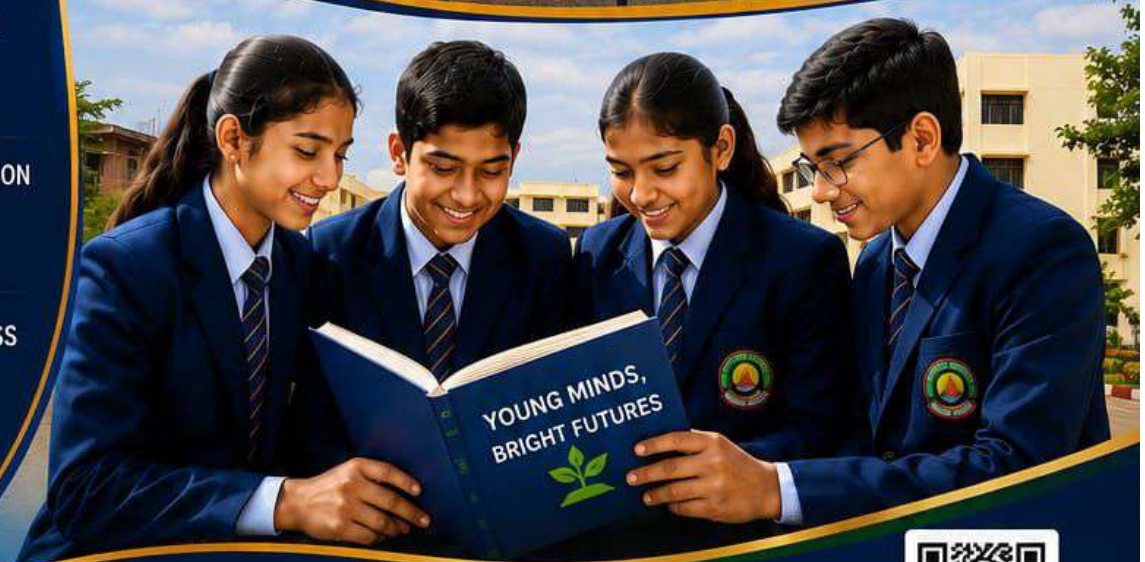
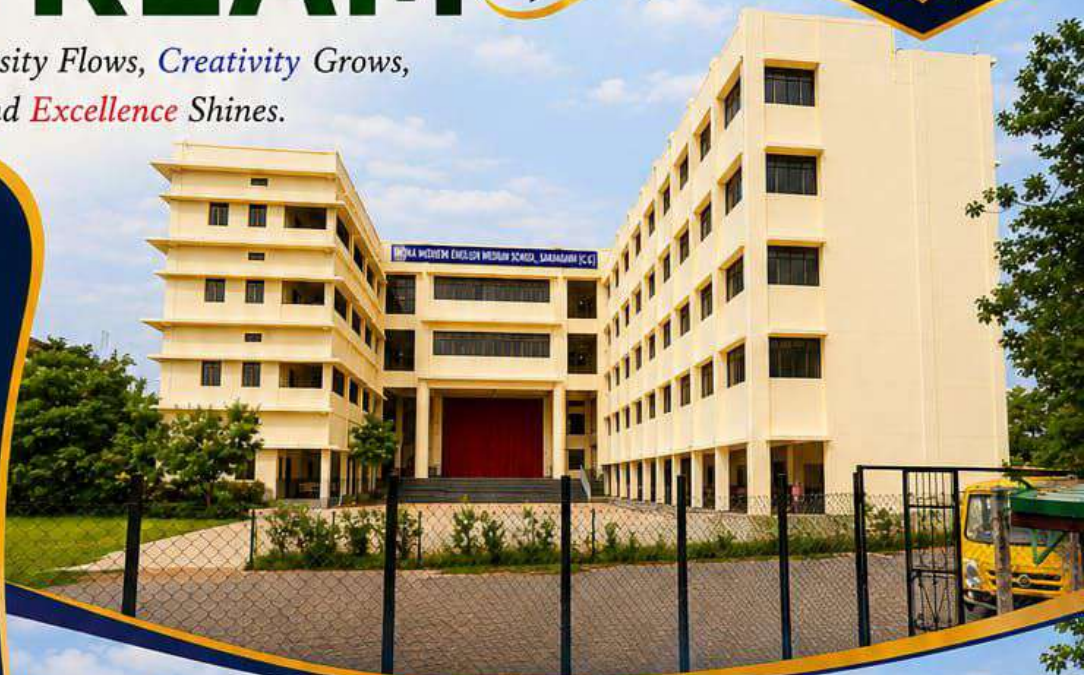
HEALTH & WELLNESS

Tips for a Better
Lifestyle

... And Much More!

THEME OF
THE EDITION

**A NEW
BEGINNING
A BRIGHTER
TOMORROW**



“ Education is not the filling of a bucket,
but the lighting of a fire.”

— William Butler Yeats



(SCAN ME)

For Photo Gallery
& More Updates



LEARN

with Curiosity



LEAD

with Confidence



SERVE

with Compassion



GROW

with Character



IGNITING YOUNG MINDS,
INSPIRING BRIGHT FUTURES





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“

Together we create,
together we inspire,
together we make a *difference*.

”





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CHIEF PATRON'S *Message*

Dear Students, Parents, Teachers and Well-wishers,

It gives me immense pleasure to present the Fortnightly edition of *Young Stream*. This magazine is a celebration of the spirit, talent, creativity and achievements of our vibrant school community.

At Mona Modern English Medium School, Sarangarh, we believe that education is not just about academic excellence, but about nurturing values, developing character and encouraging every child to dream, discover and do their best.

Young Stream will serve as a platform to share ideas, recognize achievements, inspire innovation and showcase the diverse talents of our students and staff. I am confident that it will strengthen our bond as a community and motivate us to reach greater heights together.

Heartiest congratulations to the entire team behind this wonderful initiative. I extend my best wishes to all the readers and look forward to your active participation and valuable feedback.

Let us continue to learn, grow and shine together!

Wishing you all happy reading!

Dr. Ritesh Kesharwani

Founder – Mona Group of Education
Principal

Mona Modern English Medium School, Sarangarh



Dr. Ritesh Kesharwani

Founder – Mona Group of Education
Principal
Mona Modern English Medium School

“

*The beautiful thing
about learning is that
no one can take it
away from you.*

– B.B. King

”



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EDITORIAL

*From the Desk of the
Editor-in-Chief*

Dear Readers,

It gives me immense pleasure to welcome you to the first Fortnightly edition of Young Stream.

This magazine is a reflection of our school's vibrant spirit, creativity, achievements and the limitless potential of our students. It is a platform where ideas take shape, talents are celebrated and voices are heard.

In today's fast-changing world, it is important for young minds to stay curious, expressive and compassionate. Through Young Stream, we aim to inspire our students to explore new possibilities, think innovatively and contribute meaningfully to the world around them.

I extend my heartfelt gratitude to our students, teachers and the entire editorial team for their dedication and hard work in bringing this magazine to life.

Let us continue to learn, create and achieve together.

Happy Reading!

Toshi Gupta

Dr. Toshi Gupta
Editor-in-Chief
Young Stream



Dr. Toshi Gupta

Editor-in-Chief





CAMPUS HIGHLIGHTS

A Campus that Inspires, Nurtures and Empowers

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*A New
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“Our campus
is more than
buildings,
it is a place
where dreams
begin and
futures grow.”

”



Spacious Classrooms



Smart Learning



Well Stocked Library



Advanced Labs



Activity Zone



Green Campus

Where Every Child Thrives



Arts & Creativity



Music & Dance



Robotics &
Innovation



Yoga & Wellness



*A Place to Learn, A Space to Grow,
A Community to Belong.*



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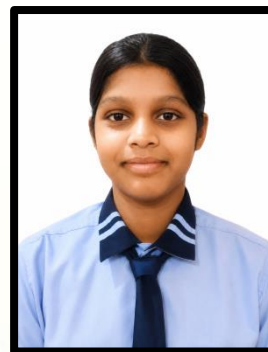
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The Brave Little Seed

Once upon a time, in a beautiful green forest, there lived a little seed named Sam. He lived inside a dark, cozy box under the soil. While all the big trees around him danced in the wind, Sam was too scared to come out.

"The world outside is too big and scary," Sam whispered to himself. He preferred staying warm and hidden.



One day, a wise old oak tree looked down and heard Sam.

"Little one" the oak tree said in a deep gentle voice, "you are not meant to stay in the dark forever. Inside you is a beautiful secret. You just need to be brave."

Sam felt a little spark of hope.

The next morning, it started to rain. The cool raindrops soaked into the soil, gently touching Sam. Then, the warm sun began to shine, making the earth cozy and inviting.

Slowly, Sam gathered his courage. He pushed through the soft soil and finally reached the surface. As days passed, he grew into a tiny green sprout.

Sam looked at the grass and the trees around him and realized something important. If he had stayed scared inside his comfort box, he would never have discovered his true strength and potential.

Name : Chetna Ekka Class : 8th Tulip
Co-editor – Yash Patel



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Self-Defence

Importance of Self-Defence:

Self-defence is not just about fighting; it is about staying safe, making smart decisions, and protecting yourself. It empowers girls to become confident, brave, and independent. Sometimes, a loud voice, quick thinking, or being alert can prevent danger without any physical confrontation.



Learning self-defence also improves physical fitness, discipline, and self-confidence. It teaches girls to stay calm under pressure, trust their instincts, and respond wisely in difficult situations.



Name : Pakhi kesharwani

Class : 7th Rose

Co-editor – Sanskar Shukla



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The Art of Controlling Your Brain

Introduction- The art of controlling your brain is directly linked to how you train it. According to neuroscience, you can do it by your habits, strengths and abilities. Many people think that controlling the mind is a complicated and broad concept, but I believe it is possible when you understand and accept your mind's strengths and weaknesses.



The human brain contains billions of neurons that communicate through connections called synapses. Whenever you practice a skill or repeatedly think the same thought, these connections become stronger. As a result, those thoughts and behaviours become more natural over time. This is why we are suggested to think positively every time.

Here are some simple ways to train your brain and gain better control over your mind:

- 1. Build Positive Habits-** You don't have to do anything extraordinary. Just maintain a positive mindset and keep doing good work consistently. Over time, your brain becomes trained to follow those habits. Whenever you feel angry, stressed, or depressed, take a deep breath before reacting. Pause for a few seconds, calm yourself, and then respond thoughtfully.
- 2. Sleep Well-** Getting 8-9 hours of quality sleep every night gives a very good impact to our mind.
- 3. Exercise regularly-** Spend at least 10-15 minutes each day doing yoga, meditation, or any form of physical exercise.
- 4. Challenge Your Brain-** Solve puzzles, play mind games, or practise challenging mathematics and physics problems. Such activities will force your mind to do that task. Here you are controlling your mind, not the mind controlling you.

Conclusion- As a conclusion, nothing is impossible in this world. The only limitations are the ones we create in our minds. With the right mindset, discipline, and consistent effort, you can achieve anything you truly desire. If you follow these simple steps, you will gradually master the art of controlling your mind.

Name : Samriddhi Tamboli

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Importance of Time

"Time and tide wait for none."

Time is the most valuable and limited resource. Once it is gone, it never comes back.

1. Time Cannot Be Recovered- Money can be earned again, but lost time cannot. Every second is a new opportunity. That is why punctuality is important in school, at work, and in life.

2. Key to Success- The success of people like Dr. A.P.J. Abdul Kalam and Sachin Tendulkar was due to good time management.



Formula: Success = Goal + Hard Work + Time Management

A student who studies one hour daily will do better than one who studies ten hours only before exams.

3. Builds Discipline- Waking up on time, completing work on time, and reaching meetings on time—all this shows discipline. People who respect time are respected by others.

4. Time Is the Best Teacher- Time gives us experience and teaches us from our mistakes. Pain also reduces with time.

5. Importance in Relationships- Ten minutes spent with family and friends is more valuable than an expensive gift.

6. Importance in Business and Country- In business, we say, "Time is Money." Delay means loss. Trains, flights, the stock market, and industries all run on time.

Conclusion- Time is life: Wasting time means wasting life. Using time properly means building your future.

Name : Sanvi upadhyay

Class : 8th lotus

Co-editor – Yash Patel



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The Value of Education

Knowledge Is the Key to True Success

In a village, there were two good friends, Ram and Karan. They studied in the same class in a school. One day, Karan told Ram that he was no longer interested in his studies. He said that he would leave school from the next year. He wanted to start a store and earn a lot of money.



Ram ignored him and walked away. He thought Karan was just joking, but Karan was serious.

After some years, Karan opened a store, while Ram continued and completed his studies. After a few more years, Karan regretted his decision because he was facing losses in his business. He had very little knowledge, which made it difficult for him to manage his work properly.

On the other hand, Ram became a successful businessman. He earned a lot of money as well as valuable knowledge. One day, they met again. Karan said, "I was wrong. I lost the opportunity to gain knowledge for some money."

Ram replied, "Knowledge and hard work make our life easier and lead us to success."

Name : Ghanisht Kurrey

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Co-editor – Rajveer Singh



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Exploring the magic of AI

What is AI?

AI simply stands for artificial intelligence. It means making computers smart enough to think, learn and do things like their own, in short giving them human power and make them learn human activities

AI in our daily lives

Doubt clearing - if you're stuck in a difficult physics concept or a tricky geometry question then AI can break it into simple concept and make it easy to understand

Language learning - AI can also act as your grammar or language teacher and help you master new languages and improve your grammar

Your creative spark- AI can help you design your presentations or graphics and learn new things faster

The future of AI

Imagine a future where AI just don't help with homeworks but also grows and learn along with you. In future, AI will be a complete different thing. Instead of boring concept readings, future AI tutors will teach us making the exact way we understand the things better.

Conclusion

The best part : AI can do many incredible things, but it can never replace your creativity, spark, empathy and big ideas. The future isn't something that is just happening but with your unique creativity and big ideas, you are the one to shape it!

Name : Sakshi Patel

Class : 9th Tulip



Co-editor - Rajveer Singh



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Pressure on Students in the Modern Education System

"Education should not be a race, but a journey of growth."

Introduction- In today's fast-moving world, students face a high level of pressure from many sides. The modern education system, which is meant to help students learn and grow, often becomes a race for marks, ranks, and success. Instead of enjoying learning, many students begin to study only to meet expectations and avoid failure.



Academic Pressure and the Race for Marks-

One of the main reasons for this pressure is the strong focus on academic performance. Parents, teachers, and society often judge students based on their marks. While good results are important, this approach ignores other important qualities such as creativity, critical thinking, communication skills, and emotional well-being. As a result, students may feel that their value depends only on their marks, which can lead to stress and low self-confidence.

Increasing Competition Among Students-

Another major factor is increasing competition. Today, there are limited seats in top colleges and fewer job opportunities compared to the number of students. This creates a constant feeling of pressure to perform better than others. Students often feel that they must prove themselves all the time, which can lead to mental and emotional exhaustion.

"Every student is talented, but not everyone gets the chance to show it."

Effects of Excessive Pressure- The impact of this pressure is serious. Many students experience anxiety, lack of sleep, and loss of interest in studies.



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Some may even stop enjoying activities they once loved. When pressure becomes too much, it can affect both mental and physical health, which is harmful in the long run.

The Role of Parents, Teachers, and Society-

This situation is not the responsibility of students alone. Parents, teachers, and society all play an important role. Parents should support their children and understand their strengths instead of comparing them with others. Teachers should focus on learning and understanding rather than only results. Society should respect different talents and career choices, not just academic success.

A Better Approach to Education- However, education should not be about pressure; it should be about learning, growth, and development. Students need a positive and supportive environment where they can ask questions, make mistakes, and improve without fear. Success should not be measured only by marks but by overall development and happiness.

Conclusion- In conclusion, the modern education system needs a change in thinking. By reducing unnecessary pressure and focusing on the complete development of students, we can create a system where students grow into confident, capable, and happy individuals who are ready to face the future.

Name : Ansh Kesharwani

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Social Media: A Boon or a Disaster?

"Social media is a powerful tool—its impact depends on how we use it."

Introduction- Social media has always been a hot topic among people, as it has both pros and cons. It can be considered a boon because it helps students explore different ideas and develop skills such as dancing, singing, and many technical skills. It also gives people recognition and a sense of identity. Social media can also be used for studying, exploring job opportunities, and learning new things if it is used properly and carefully.



The Positive Side of Social Media- One of the biggest advantages of social media is that it provides a platform for learning and self-expression. Students can discover new talents, gain knowledge, connect with experts, and improve their skills. It also creates opportunities for education, career growth, and creativity.

The Negative Side of Social Media- However, social media also has its disadvantages. Not everything we see on social media is true. Some people share fake information or promote harmful ideas that can negatively influence teenagers, as today's youth is greatly influenced by social media. If it is not used safely, it can also lead to scams, cyber threats, and privacy issues.

The Role of Parents and Responsible Usage- Therefore, it is very important for parents to monitor their children's online activities to ensure they are not under a bad influence and to keep them safe. At the same time, users should learn to use social media responsibly, verify information, and protect their personal data.

Conclusion- In conclusion, social media can be both a boon and a disaster. Its impact depends on how it is used. When used wisely and responsibly, it can be a powerful tool for learning, creativity, and personal growth. However, careless use can lead to misinformation, cyber risks, and negative influences. Therefore, everyone should use social media with awareness and responsibility.

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Modern Education

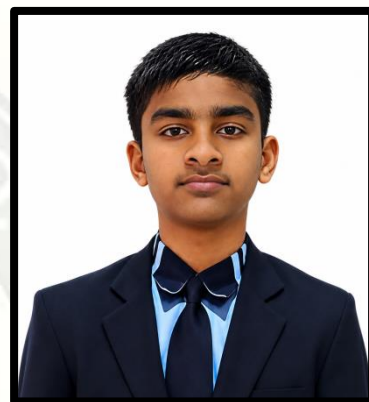
"Education is not just about gaining knowledge; it is about preparing for life."

Introduction- Modern education is a way of learning that helps us gain knowledge, learn new skills, and think creatively. Unlike older methods of learning that focused mostly on memorizing things, modern education helps us understand concepts and solve real-life problems. Technology also makes learning much easier and more enjoyable.

Key Features of Modern Education

Modern education:

- Puts students first and encourages everyone to participate.
- Uses tools like computers, phones, and smart boards.
- Teaches teamwork, creativity, and good communication.
- Focuses on practical learning through projects and activities.
- Gives every student an equal chance to learn.



Advantages of Modern Education

Modern education has many benefits. It:

- Makes studying more interesting.
- Helps us become better at using technology.
- Teaches us to think independently.
- Allows us to learn online from anywhere.
- Prepares us for future jobs and higher studies.

Challenges of Modern Education

Despite its advantages, modern education also has some challenges:

- Not every student has access to the internet or smart devices.
- Too much screen time can reduce real-life interaction.
- Teachers and students need proper training to use new technology effectively.

Why Modern Education Matters- Modern education prepares us for today's world. It builds our confidence, leadership, and problem-solving skills while also teaching us to care for society and the environment.

Conclusion- In conclusion, modern education is transforming the way we learn. By combining technology with practical learning, it helps students become knowledgeable, skilled, and responsible individuals. Although it has some challenges, its benefits make it an essential part of building a better future.

Name : Damru Kant Sahu Class : 8th Tulip

Co-editor – Rajveer Singh



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Journal of Sai Vrat's Personal Thoughts & perspective

This journal is a collection of my personal thoughts about technology, learning, creativity, and the things I enjoy doing.



1. Learning Through Technology

Why I Like Creating Thing- I have always enjoyed trying new things on my computer. Whether it's designing something, organizing my notes, or exploring new tools, I like seeing an idea slowly turn into something real.

I don't think you need to know everything before you start.

Most of the things I've learned came from experimenting, making mistakes, and trying again. Every small project teaches me something new.

"You don't have to be an expert to begin. You just have to begin."

Whenever I finish something I made myself, even if it's small, it gives me confidence and makes me want to learn more.

2. Finding Balance

School and My Interests- Like most students, I have homework, tests, and exams. Sometimes it feels difficult to manage everything, especially when I also want to spend time learning about technology or working on my own ideas.

I try to finish my schoolwork first and then use my free time for the things I enjoy. This way I don't feel stressed, and I can focus better on both.

For me, studying and creativity are not separate. I think they help each other. School teaches me discipline, and my hobbies keep me curious and motivated.

3. Sharing Ideas Effectively

Why Presentation Matters to Me- I believe that how something looks is almost as important as what it says. A neat project, clean notes, or a well-designed presentation is easier to understand and more enjoyable to read.

Whenever I make something, I try to keep it simple, organized, and clear. I think good presentation shows that you have taken your work seriously.

In the end, I just enjoy learning, creating, and improving little by little. I know I still have a lot to learn, but every small step helps me move forward.

Name : Sai Vrat Puri Goswami

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Co-editor – Yash Patel



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माँ: निस्वार्थ प्रेम और त्याग की प्रतिमूर्ति

माँ का निस्वार्थ प्रेम: - माँ अपनी सेहत की परवाह किए बिना अपने बच्चों को सबसे अधिक महत्व देती है। वह हमसे निस्वार्थ प्रेम करती है और बदले में केवल हमारी खुशियाँ, सफलता और भलाई ही चाहती है। न जाने भगवान ने माँ का हृदय किस मिट्टी से बनाया है, जो अपना संपूर्ण जीवन अपने बच्चों पर न्योछावर कर देती है। माँ का स्वभाव अत्यंत कोमल होता है, इसलिए उसे ममता की मूर्ति कहा जाता है। लेकिन जब बात अपने बच्चों की रक्षा की आती है, तो वही माँ दुर्गा और काली का रूप भी धारण कर लेती है।



हर माँ का स्नेह समान होता है:- चाहे वह मनुष्य की माँ हो या किसी पशु की, हर माँ का प्रेम समान होता है। हमारी माँ कभी-कभी हमें डाँटती है, समझाती है या हमारी गलती पर नाराज़ भी होती है। देखने वाले को लगता है कि वह बहुत क्रोधित हैं, लेकिन वास्तव में उनका हृदय अत्यंत कोमल और भावुक होता है। वह हमें उतना ही डाँटती हैं, जितना हमारे भले के लिए आवश्यक हो। फिर भी हम कई बार उनकी बात का बुरा मानकर उनसे नाराज़ हो जाते हैं।

पशुओं में भी मातृत्व का यही अद्भुत रूप देखने को मिलता है। उदाहरण के लिए, बिल्ली अपने बच्चों को अपने मुँह से एक स्थान से दूसरे स्थान तक अत्यंत सावधानी से ले जाती है, ताकि उन्हें एक छोटी-सी खरोंच तक न आए। यह भी माँ के प्रेम और संरक्षण का सुंदर उदाहरण है।

माता पार्वती और श्री गणेश जी का प्रसंग - माँ के प्रेम का एक अद्भुत उदाहरण माता पार्वती और श्री गणेश जी की कथा में मिलता है। कहा जाता है कि माता पार्वती ने अपने उबटन (मैल) से श्री गणेश जी की रचना की थी। एक दिन उन्होंने गणेश जी को द्वार पर पहरा देने का आदेश दिया। गणेश जी अपनी माता की आज्ञा का पालन करते हुए किसी को भी भीतर प्रवेश नहीं करने दे रहे थे। उसी समय भगवान शिव वहाँ पहुँचे।

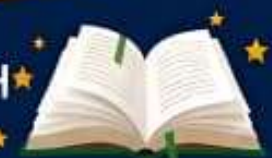


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गणेश जी ने उन्हें भी रोक दिया। इससे क्रोधित होकर भगवान शिव ने उनका सिर धड़ से अलग कर दिया। जब माता पार्वती बाहर आई और अपने पुत्र को उस अवस्था में देखा, तो वे अत्यंत क्रोधित हो गईं। उन्होंने कहा कि यदि उनके पुत्र को पुनः जीवित नहीं किया गया, तो वे अपने क्रोध से संपूर्ण सृष्टि का विनाश कर देंगी। तब भगवान शिव ने देवताओं को एक हाथी का सिर लाने का आदेश दिया। हाथी का सिर गणेश जी के धड़ पर स्थापित किया गया और वे पुनः जीवित हो गए। यही कारण है कि आज हम उन्हें गजानन के नाम से जानते हैं।

माता-पिता का सम्मान हमारा कर्तव्य- यह प्रसंग हमें सिखाता है कि एक माँ अपने बच्चों के लिए किसी भी सीमा तक जा सकती है। लेकिन आज के समय में कुछ लोग अपने वृद्ध माता-पिता को वृद्धाश्रम छोड़ देते हैं या उनके बुजुर्ग होने पर उन्हें बोझ समझने लगते हैं। ऐसे लोगों को वह समय याद करना चाहिए, जब वे स्वयं छोटे थे, अनेक गलतियाँ करते थे और उनके माता-पिता उन्हें हर बार मुस्कुराकर क्षमा कर देते थे। सोचिए, उस माँ के हृदय को कितना दुःख होता होगा, जिसने अपना पूरा जीवन अपने बच्चों की खुशियों के लिए समर्पित कर दिया।

मेरी माँ के नाम- न जाने माँ किस मिट्टी की बनी होती है। वह हमारा ध्यान तब से रखती है, जब हम इस संसार में भी नहीं आए होते। माँ के बारे में जितना कहा जाए, उतना कम है। मैं अपने शब्दों में उनके प्रेम और त्याग का पूर्ण वर्णन नहीं कर सकती।

इस लेख के माध्यम से मैं अपनी माँ से केवल इतना कहना चाहती हूँ कि मैंने जब-जब आपको दुख पहुँचाया, आपकी बात नहीं मानी या आपसे गलत व्यवहार किया, उसके लिए मैं हृदय से क्षमा माँगती हूँ। साथ ही, मैं आपका धन्यवाद करती हूँ कि आपने हर परिस्थिति में मेरा साथ दिया और मुझे निस्वार्थ प्रेम किया।

समापन- "अब मैं क्या बताऊँ कि माँ कैसी है, मेरी माँ ऐसी है कि खुद भूखी रहकर मुझे भरपेट खिलाती है। और बात जब अपने बच्चों पर आ जाए, तो पूरी दुनिया से लड़ जाती है, हाँ, पूरी दुनिया से लड़ जाती है।"

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विद्यालय" - एक सुरक्षा कवच

विद्यालय: जहाँ शिक्षा के साथ जीवन जीना भी सीखते हैं

जब कोई बच्चा पहली बार विद्यालय की दहलीज पर कदम रखता है, तब उसे शायद यह एहसास नहीं होता कि वह केवल एक विद्यालय में नहीं, बल्कि जीवन की ऐसी पाठशाला में प्रवेश कर रहा है, जो उसे भविष्य की चुनौतियों का सामना करना सिखाएगी।



"आओ-आओ स्कूल आओ,

और हमारे साथ यहाँ गीत गाओ।

'अ' से अनार, 'आ' से आम।"

क्या आपने कभी सोचा है कि विद्यालय सिर्फ पढ़ाई की जगह है, या उससे भी कहीं बढ़कर कुछ है? मेरे विचार में विद्यालय केवल शिक्षा का केंद्र नहीं, बल्कि एक ऐसा सुरक्षा कवच है, जो हमें जीवन की चुनौतियों का सामना करने के लिए तैयार करता है। मैं ऐसा इसलिए कह रही हूँ क्योंकि विद्यालय में जो बातें मुझे प्यार से सिखाई गईं, वही बातें दुनिया हमें ठोकर देकर सिखाती है।

विद्यालय में जीवन का पूरा सार छिपा होता है। आप चाहे कितने भी प्रश्न पूछें, शिक्षक आपको उनके उत्तर अवश्य देते हैं। उत्तर देर से मिल सकते हैं, लेकिन मिलते ज़रूर हैं। विद्यालय हमें कुछ ऐसे पाठ भी पढ़ाता है, जो न किसी पुस्तक में मिलते हैं और न किसी अध्याय में—जैसे धैर्य, सहयोग और हार के बाद फिर से उठ खड़े होने का साहस। कभी-कभी जीवन की सबसे अनमोल सीख किसी किताब के पन्नों में नहीं, बल्कि हमारे आसपास के लोगों के अनुभवों और शब्दों में छिपी होती है।

ऐसी ही एक सीख मुझे मेरे एक सहपाठी से मिली। उसने ऐसी बात कही, जिसने दुनिया को देखने का मेरा नज़रिया बदल दिया। मैं यह नहीं कह रही कि मैंने पहले कभी ऐसा सोचा ही नहीं था, लेकिन मैंने उस बात को कभी गंभीरता से नहीं लिया था। वह उस विचार को इतने जोश, उत्साह और साहस के साथ कहता है कि मानो उसे सफलता पहले ही मिल चुकी हो।



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उसकी बात थी:

"किसी चीज़ को पाने के लिए मेहनत करना, और फिर मेहनत के बाद उसे प्राप्त करने की खुशी—उस खुशी का वर्णन शब्दों में नहीं किया जा सकता। वही सबसे बड़ी खुशी होती है।"

इसी प्रकार मेरे शिक्षक ने भी मुझे एक महत्वपूर्ण सीख दी।

उन्होंने कहा:

"करियर में तुम जितना दूसरों को सम्मान दोगे, उतना ही सम्मान तुम्हें मिलेगा। अपने से बड़ों की बात और उनके द्वारा दिए गए कार्य के लिए कभी मना नहीं करना चाहिए। यदि किसी कारणवश कार्य करना संभव न हो, तो सीधे मना करने के बजाय उन्हें अपनी परिस्थिति समझानी चाहिए।"

पढ़ाई की बात बहुत हुई, अब उस एहसास की बात करते हैं जिसे जीवन में कभी भुलाया नहीं जा सकता—विदाई समारोह। यह एक ऐसा पल होता है, जहाँ मिलन और जुदाई दोनों साथ-साथ चलते हैं। एक ओर मिलन उस नई दुनिया से होता है, जो श्रम, धन, जिम्मेदारियों और कठिनाइयों से भरी होती है, और दूसरी ओर जुदाई उस विद्यालय से होती है, जिसने हमें प्यार, परिश्रम, साहस, बलिदान और धैर्य का महत्व सिखाया।

"सच में, विद्यालय में पढ़ने का अवसर हर बच्चे को मिलना चाहिए।"

विद्यालय का यह दौर हमें केवल जीवन से लड़ना ही नहीं सिखाता, बल्कि ऐसी यादें भी देता है जो हमेशा हमारे मन में अंकित रहती हैं।

अंत में मैं यही कहना चाहूँगी कि विद्यालय केवल एक इमारत नहीं, बल्कि सपनों को आकार देने वाला स्थान है। यह हमें केवल शिक्षा ही नहीं देता, बल्कि एक अच्छा इंसान बनना भी सिखाता है। मैं जीवन में जहाँ भी रहूँगी, अपने विद्यालय और यहाँ मिली सीख के प्रति सदैव आभारी रहूँगी।

Name : Anshu Bareth

Class : 11th Com (Sunflower)

Co-editor – Rajveer Singh



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अधूरी सीढ़ी

"ऊँचाई तक पहुँचना महत्वपूर्ण है, लेकिन उससे भी अधिक महत्वपूर्ण है मजबूत नींव।"

प्रस्तावना- एक छोटे से गाँव में विवेक नाम का एक लड़का रहता था। उसका सपना था कि वह सबसे ऊँचा इंसान बने। इस सपने को पूरा करने के लिए उसने गाँव के बाहर एक बहुत बड़ी सीढ़ी बनानी शुरू की। हर दिन वह एक नई सीढ़ी जोड़ देता, लेकिन नीचे की पुरानी सीढ़ियों को मजबूत करने पर ध्यान नहीं देता।



कमज़ोर नींव की अनदेखी- एक दिन गाँव के एक बूढ़े कारीगर ने उससे पूछा, "बेटा, ऊपर तो पहुँच जाओगे, लेकिन क्या नीचे की सीढ़ियाँ तुम्हारा भार सह पाएँगी?"

विवेक हँसकर बोला,
"मुझे सिर्फ ऊपर पहुँचना है।"

सच्चाई का एहसास- कुछ महीनों बाद सीढ़ी बहुत ऊँची हो गई। विवेक उस पर चढ़ने लगा। जैसे ही वह सबसे ऊपर पहुँचा, नीचे की एक कमजोर सीढ़ी टूट गई। पूरी सीढ़ी हिलने लगी। वह डर गया और किसी तरह नीचे उतर आया।

तब बूढ़े कारीगर ने शांत स्वर में कहा,
"ऊँचाई कभी खतरा नहीं बनती, कमजोर नींव बनती है।"

सीख- उस दिन के बाद विवेक ने नई सीढ़ियाँ जोड़ने से पहले पुरानी सीढ़ियों को मजबूत करना शुरू किया। धीरे-धीरे उसकी सीढ़ी इतनी मजबूत हो गई कि उस पर गाँव के दूसरे लोग भी सुरक्षित चढ़ने लगे।

नैतिक शिक्षा- जीवन में सफलता तभी स्थायी होती है, जब उसकी नींव मजबूत हो। केवल ऊँचाई प्राप्त करना ही पर्याप्त नहीं, बल्कि उस ऊँचाई को संभालने की क्षमता भी आवश्यक है।

Name : Gitika Sahu

Class : 8th Tulip

Co-editor – Rajveer Singh



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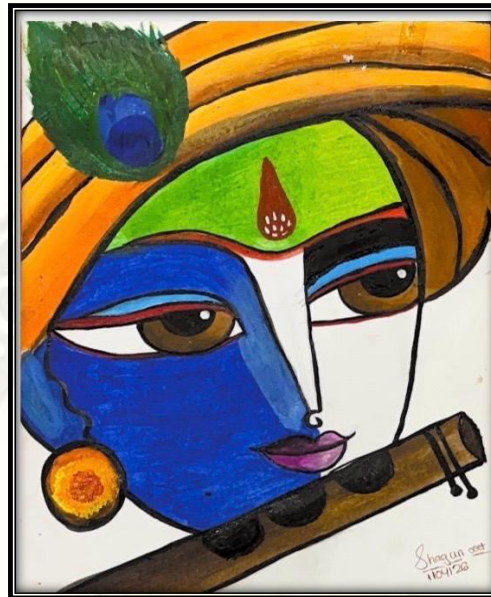
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Shagun Sultania
Class-7 Rose



Tejaswi sahu
Class - 8th lotus



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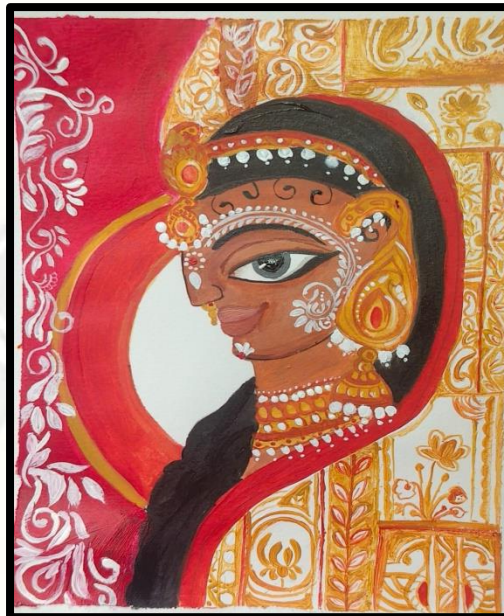
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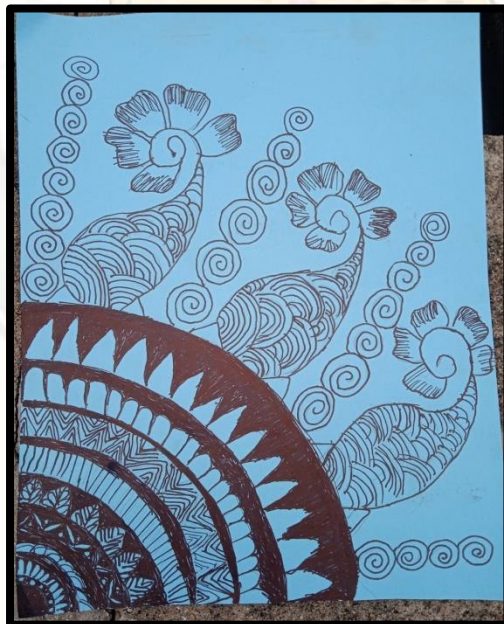


Kirti The Art Gallery

Noor Banjare
Class 8th Tulip



Jenis Jolhe
Class- 5th Lotus



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Kirti The Art Gallery

Kinjal Kathe
Class 5th Lotus



Prakriti Dubey
Class 8th Tupil



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Kirti The Art Gallery

Ananya Khatkar
Class - 7th Lotus



Mishika Gupta
Class 7th Rose



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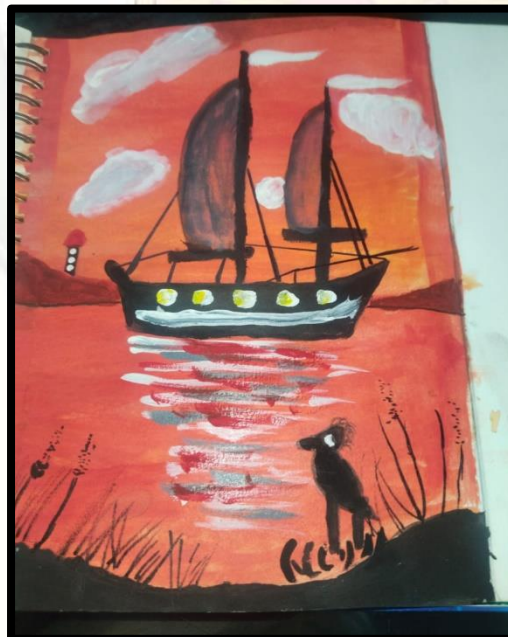
**Vaibhav Das
Mahant**

Class - 4th Lotus



Sarvesh Agrawal

Class 4th Lotus



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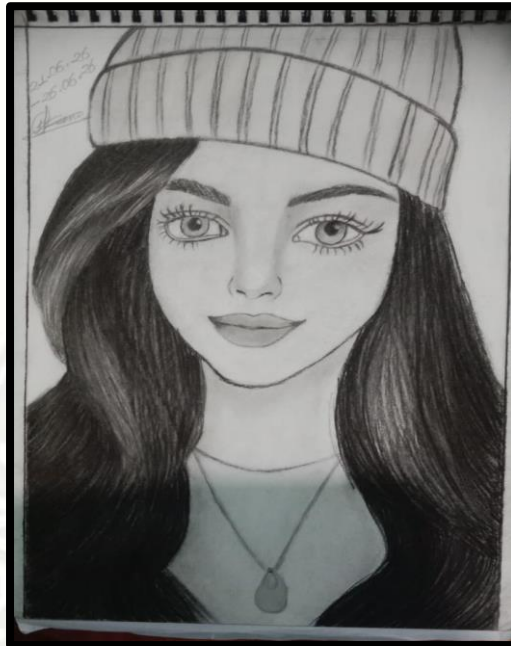


Kirti The Art Gallery

Harshita

Kanwar

Class 8th lotus



Aadya Singh

Rajput

Class 5th Lotus



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Presentation on Focal Length of Concave Mirror



Mona Modern English Medium School, Sarangarh, organized an informative **Presentation on "Focal Length of Concave Mirror"** to enhance students' understanding of the concepts of light and reflection in Physics.

During the presentation, students explained the structure and working

of a **concave mirror** with the help of charts, models, ray diagrams, and PowerPoint slides. They described important terms such as the **Pole (P)**, **Principal Axis**, **Centre of Curvature (C)**, **Radius of Curvature (R)**, and **Principal Focus (F)**.



Students demonstrated that the **focal length (f)** of a concave mirror is the distance between the **Pole (P)** and the **Principal Focus (F)**. They also explained the relationship between the radius of curvature and focal length using the formula:

$$\text{Focal Length (f)} = \text{Radius of Curvature (R)} \div 2$$

The presentation included a practical demonstration to show how parallel rays of light converge at the principal focus after reflection from a concave mirror. Students also discussed the real-life applications of concave mirrors in **vehicle headlights, torches, shaving mirrors, makeup mirrors, solar furnaces, and reflecting telescopes**.



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Presentation on Landforms

Sarangarh: Mona Modern English Medium School, Sarangarh, successfully organized an informative **Presentation on Landforms** to help students understand the different physical features of the Earth's surface and their importance in our daily lives.



During the presentation, students explained the major types of landforms, including **mountains, plateaus, plains, deserts, valleys, and islands**. Using colourful charts, models, maps, and PowerPoint slides, they described how these landforms are formed through natural processes such as volcanic activity, erosion, weathering, and deposition.

The students highlighted the unique characteristics and significance of each landform. They explained that **mountains** are important sources of rivers and biodiversity, **plains** are ideal for agriculture and human settlements, **plateaus** are rich in minerals, **deserts** have unique ecosystems, and **valleys** provide fertile land



for farming. The presentation also emphasized the need to protect natural landscapes and use natural resources responsibly.

Teachers appreciated the students for their confidence, creativity, and excellent presentation skills. The activity encouraged curiosity, teamwork, and a better understanding of geography while enhancing public speaking and communication skills.



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General Knowledge Book Inauguration at



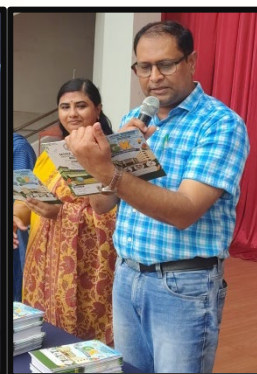
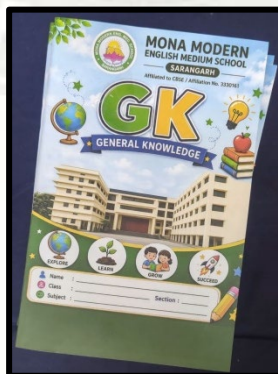
Mona Modern English Medium School, Sarangarh proudly organized the inauguration of its **General Knowledge Book** with great enthusiasm and academic spirit. The event marked another milestone in the

school's continuous efforts to promote quality education, curiosity, and lifelong learning among students.

The programme commenced with the traditional **lighting of the ceremonial lamp**, followed by a warm welcome of the dignitaries, teachers, parents, and students. The Principal addressed the gathering and emphasized that general knowledge is an essential part of every student's personality development. Reading good GK books not only improves awareness but also builds confidence and prepares students for quizzes, competitive examinations, and everyday life.



The newly inaugurated General Knowledge Book has been specially designed to enhance students' understanding of important topics such as **India and the World, Science and Technology, Environment, History, Geography, Sports, Current Affairs, Famous Personalities, and Important Days.**



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A Proud Moment for Mona Modern English Medium School, Sarangarh!



We are delighted to share a moment of immense pride and celebration with our entire school community. Dr. Ritesh Kesharwani, Founder & Principal of Mona Group Of Education, Sarangarh, & Principal of Mona Modern English Medium School Sarangarh has been honoured with the prestigious Academic Leadership Excellence Award by Silver Zone Olympiad

in recognition of his visionary leadership, unwavering commitment to quality education, and remarkable contribution to academic excellence.

Adding to this proud achievement, Mrs. N. Yadav, Mr. Atul Kesharwani, Mr. T. Ijardar, and Mr. K. Nirala have been conferred with the Performance Excellence Award by SilverZone Olympiad for their outstanding dedication, exceptional teaching, and continuous efforts in inspiring and empowering students.

These prestigious recognitions are a testament to the passion, perseverance, and excellence that define the spirit of our institution. We extend our heartfelt congratulations to all the awardees and wish them continued success in their inspiring journey of shaping young minds and building a brighter future.

Congratulations once again on this well-deserved honour



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Presentation on Indian classical dance forms



Mona Modern English Medium School, Sarangarh, organized an informative and engaging presentation on **"Indian Classical Dance Forms"** to enhance students' knowledge of India's rich cultural heritage and artistic traditions.

During the presentation, students introduced the **eight classical dance**

forms of India—Bharatanatyam, Kathak, Kathakali, Kuchipudi, Odissi, Manipuri, Mohiniyattam, and Sattriya. They explained the origin, unique features, traditional costumes, music, expressions, and cultural significance of each dance form through well-prepared presentations, colourful charts, and attractive visual aids.



The activity helped students develop confidence, communication skills, research abilities, and presentation techniques while fostering respect and appreciation for India's diverse cultural heritage. The audience actively participated and showed great enthusiasm throughout the programme.

The Principal and teachers appreciated the students for their excellent preparation, creativity, and confident stage performance. They encouraged students to continue exploring India's rich traditions through such educational and co-curricular activities.



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Museum Box



Sarangarh: Mona Modern English Medium School, Sarangarh, successfully organized a creative **Museum Box Activity** to encourage students to explore, research, and present their learning in an innovative way.

As part of the activity, students designed and decorated their own museum boxes using pictures, miniature models, labels, and informative notes based on different themes such as history, science, nature, culture, famous personalities, and the environment. Each museum box reflected the students' creativity, imagination, and understanding of the chosen topic.



The activity provided an excellent opportunity for students to develop research skills, critical thinking, creativity, and presentation abilities. They confidently explained the contents of their museum boxes to teachers and classmates, making the learning process interactive and enjoyable.



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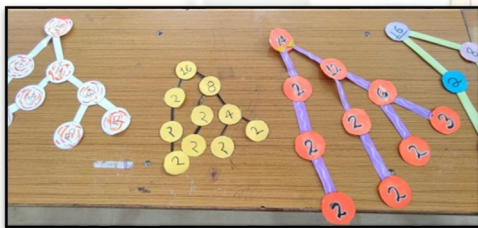
Factor Tree Model



Mathematics becomes more meaningful and enjoyable when concepts are learned through practical activities. At **Mona Modern English Medium School, Sarangarh**, students enthusiastically participated in the **Factor Tree Model Activity**, an engaging classroom exercise designed to strengthen their

understanding of factors, prime numbers, and prime factorization.

Using colourful charts, creative diagrams, and attractive tree models, students demonstrated how a composite number can be broken down into its prime factors. The activity enabled them to visualize the process of factorization step by step, making mathematical concepts easier to understand and remember.



The Factor Tree Model encouraged students to think logically, solve problems systematically, and develop analytical skills. Through hands-on learning, they explored different factor pairs, identified prime numbers, and discovered how every composite number can be expressed as a

product of prime numbers.

Students displayed remarkable enthusiasm and creativity while preparing their models.



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International Chess Day



Mona Modern English Medium School, Sarangarh, celebrated **International Chess Day** with great enthusiasm to promote the values of strategic thinking, concentration, patience, and sportsmanship among students.

On this special occasion, students actively participated in a Chess Playing Activity, where they showcased their analytical skills, logical thinking, and decision-making abilities. The event provided a platform for young learners to engage in healthy competition while learning the importance of planning, discipline, and perseverance.



Teachers introduced students to the significance of International Chess Day and highlighted how the game helps improve memory, focus, creativity, and problem-solving skills. Students enjoyed challenging their classmates in friendly matches and demonstrated excellent confidence and fair play throughout the event.

The Principal appreciated the enthusiastic participation of the students and encouraged them to make chess a regular part of their learning journey. The Principal emphasized that chess is more than just a game—it is a powerful tool for developing critical thinking, patience, and intellectual growth.



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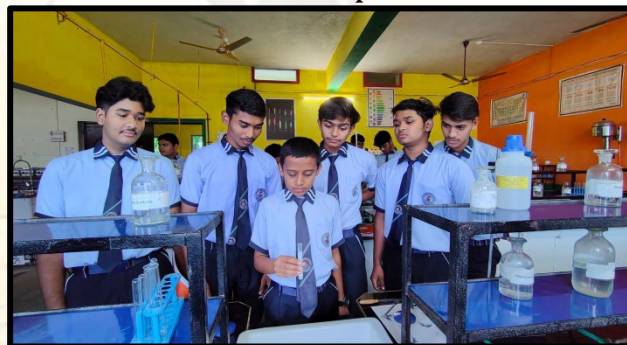


Performing and Observing Various Chemical Reactions

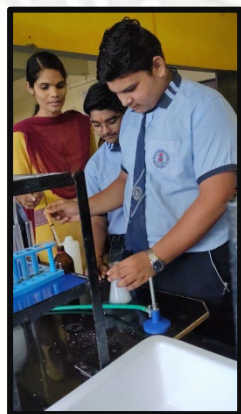
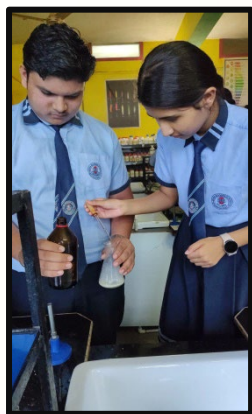


During the activity, students performed a variety of simple and safe chemical reaction experiments under the guidance of their science teachers. They carefully observed changes such as colour change, gas evolution, temperature change, and the formation of new substances, helping them understand the fascinating nature of chemical reactions through hands-on learning.

Mona Modern English Medium School, Sarangarh, conducted an exciting and educational **Science Activity on "Performing and Observing Various Chemical Reactions"** to provide students with practical learning experiences and strengthen their understanding of basic scientific concepts.



Students enthusiastically recorded their observations, discussed the results, and explained the scientific principles behind each experiment. The activity encouraged curiosity, critical thinking, scientific observation, and analytical skills while making science more interesting and enjoyable.



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Presentation on Types of Nouns



Mona Modern English Medium School, Sarangarh, organized an informative **Presentation on "Types of Nouns"** to strengthen students' understanding of English grammar and enhance their

communication skills.

During the presentation, students confidently explained the different types of nouns, including **Proper Nouns, Common Nouns, Collective Nouns, Abstract Nouns, and Material Nouns.** They used colourful charts, flashcards, examples, and creative visual aids to make the topic easy to understand and engaging for everyone.



The interactive session encouraged students to identify nouns in everyday language and use them correctly in sentences. Through group discussions and classroom activities, they improved their grammar, vocabulary, public speaking, and presentation skills while developing greater confidence.



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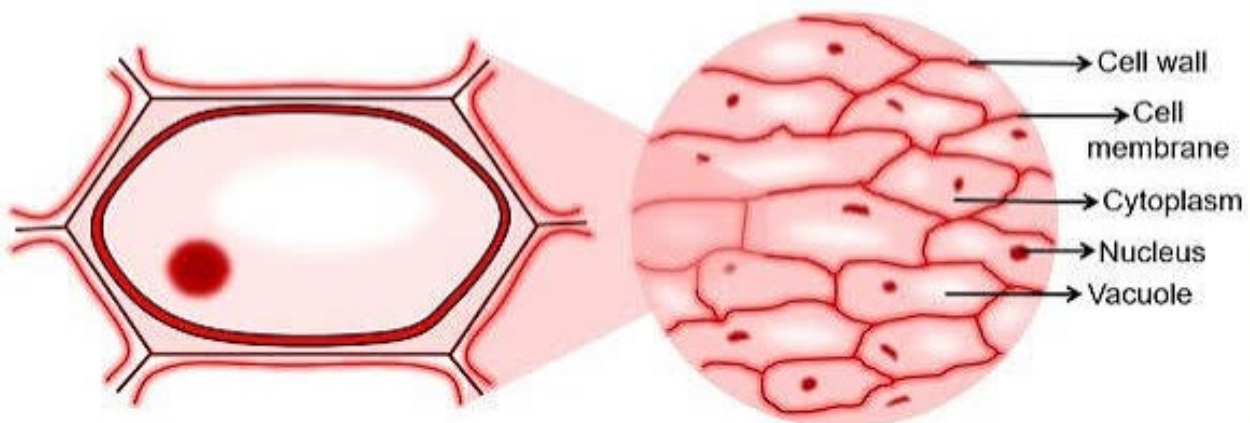
Practical on Onion Peel



Sarangarh: Mona Modern English Medium School, Sarangarh, conducted an informative **Practical on Onion Peel** to provide students with hands-on experience in observing plant cells under a microscope and to strengthen their understanding of basic biological concepts.

During the practical session, students carefully prepared temporary slides of onion peel epidermis under the guidance of their science teachers. They observed the plant cells through a microscope and identified important cell structures such as the **cell wall**, **cell membrane**, **cytoplasm**, **nucleus**, and **large central vacuole**. The activity helped students understand the structure and function of plant cells in an engaging and practical way.

Students enthusiastically recorded their observations, drew neat labelled diagrams, and discussed the characteristics of plant cells. The practical enhanced their observation skills, scientific thinking, and laboratory techniques while making biology more interactive and enjoyable.



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National Flag Adoption Day Celebrated with Patriotic Song

Mona Modern English Medium School, Sarangarh, celebrated **National Flag Adoption Day** with great pride and patriotism. The programme aimed to create awareness among students about the significance of the **Indian National Flag** and to instill the values of unity, respect, and national pride.



The celebration featured a beautiful **patriotic song performance** by the students.



Dressed in colourful attire inspired by the tricolour, the students sang inspiring patriotic songs with great enthusiasm and confidence. Their melodious performance filled the atmosphere with a sense of national pride and received warm appreciation from the audience.

Teachers explained the history and importance of National Flag Adoption Day, highlighting that the **Indian National Flag (Tiranga)** was officially adopted by the Constituent Assembly of India on **22 July 1947**. Students also learned about the significance of the saffron, white, and green colours, as well as the Ashoka Chakra, which symbolizes truth, progress, and righteousness.



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National Flag Adoption Day Celebrated with Patriotic Dance



Mona Modern English Medium School, Sarangarh proudly celebrated **National Flag Adoption Day** with great enthusiasm, patriotism, and cultural spirit. The event was organized to create awareness among students about the importance of the Indian National Flag and to inspire

them with the values of unity, respect, and national pride.

The celebration began with a brief introduction to the history and significance of the Indian National Flag. Students learned about the adoption of the Tiranga as the National Flag of India and understood the meaning of its three colours and the Ashoka Chakra.

One of the major attractions of the celebration was the **vibrant dance performance** presented by the students. Dressed in colourful costumes representing the tricolour, the young performers delivered a graceful and energetic dance on patriotic songs. Their synchronized movements, joyful expressions, and heartfelt performance beautifully reflected their love for the nation.



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Mini Market



Mona Modern English Medium School, Sarangarh successfully organized a **Mini Market Activity** to provide students with practical learning through a fun and interactive experience. The activity aimed to develop entrepreneurial skills, communication abilities, financial literacy,

and teamwork among students.

The school campus was transformed into a vibrant mini marketplace where students enthusiastically set up attractive stalls displaying a variety of items such as stationery, handmade crafts, snacks, toys, and decorative materials.



Acting as shopkeepers

and customers, the students learned the basics of buying and selling, calculating prices, handling money, and interacting politely with customers.

The Mini Market encouraged students to think creatively, work collaboratively, and understand the value of honesty, responsibility, and customer service. Teachers guided and motivated the participants throughout the event, ensuring

that every student gained hands-on experience in real-life business activities.

Parents and visitors appreciated the students' confidence, creativity, and excellent presentation skills. The lively atmosphere of the market reflected the students' enthusiasm and their ability to apply classroom learning in practical situations.



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Computer Lab



Mona Modern English Medium School, Sarangarh organized an engaging **Computer Lab Activity** to enhance students' digital literacy and practical computer skills. The activity was designed to provide hands-on learning experiences and help students become confident users of modern technology.

During the session, students explored various computer applications under the guidance of their teachers. They learned the basics of computer operation, typing skills, MS Paint, MS Word, internet awareness, and educational software. Senior students also practiced creating documents, presentations, and basic coding activities, developing logical thinking and problem-solving skills.



The interactive learning environment encouraged students to work independently while improving their creativity, accuracy, and confidence. Teachers provided individual support and ensured that every student actively participated in the practical exercises.

The Computer Lab Activity highlighted the importance of technology in modern education and inspired students to use digital tools responsibly for learning and innovation.



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Bhramari Pranayama



Mona Modern English Medium School, Sarangarh organized a **Bhramari Pranayama Activity** to promote the physical, mental, and emotional well-being of students. The session aimed to create awareness about the importance of yoga and healthy living while encouraging students to develop habits that support a

balanced lifestyle.

Under the guidance of experienced teachers, students learned the correct technique of **Bhramari Pranayama**, also known as the **Bee Breathing Exercise**. They practiced deep breathing while producing a gentle humming sound like a bee, creating a calm, peaceful, and positive atmosphere. The students participated enthusiastically and followed the instructions with great discipline.



The activity highlighted the many benefits of Bhramari Pranayama, including reducing stress and anxiety, improving concentration, enhancing memory, promoting emotional balance, and relaxing the mind. Students were encouraged to include this simple breathing exercise in their daily routine to maintain good physical and mental health.

The teachers appreciated the students for their active participation and emphasized that regular yoga and pranayama practices help build self-confidence, inner peace, and a positive attitude towards life.



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Yoga



Mona Modern English Medium School, Sarangarh successfully organized a **Yoga Activity** to promote health, fitness, and overall well-being among students. The session aimed to encourage students to adopt a healthy lifestyle by practicing yoga regularly

and understanding its importance in daily life.

The programme began with a brief introduction to the significance of yoga and its role in maintaining physical, mental, and emotional balance. Under the guidance of experienced teachers, students enthusiastically performed various yoga asanas, breathing exercises (Pranayama), and relaxation techniques with proper posture and discipline.



The activity helped students improve their flexibility, concentration, balance, and self-confidence while reducing stress and promoting inner peace. Teachers also explained that regular yoga practice enhances physical fitness, strengthens the immune system, improves focus, and develops a positive attitude towards learning and life.

The students actively participated in the session with great enthusiasm, demonstrating excellent coordination and dedication.



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Earthquake Mock Drill

Mona Modern English Medium School, Sarangarh successfully conducted an **Earthquake Mock Drill** to educate students and staff about earthquake preparedness and emergency response. The activity aimed to create awareness about disaster management and teach essential safety measures to be followed during an earthquake.



The mock drill began with an orientation session in which teachers explained the causes of earthquakes, potential risks, and the importance of remaining calm during emergencies. Students were instructed on the correct safety procedures, including the **"Drop, Cover, and Hold On"** technique, which helps

reduce the risk of injury during an earthquake.

When the emergency alarm was sounded, students and staff calmly followed the safety instructions. After the simulated shaking stopped, everyone evacuated the classrooms in an orderly manner through the designated emergency exits and assembled at the school's safe gathering area. Teachers ensured that all students were accounted for and emphasized the importance of discipline and teamwork during emergency situations.



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Presentation on the Properties of Multiplication



Mona Modern English Medium School, Sarangarh organized an informative and interactive **Presentation on the Properties of Multiplication** to strengthen students' mathematical concepts and enhance their presentation skills. The activity aimed to make learning mathematics enjoyable, practical, and

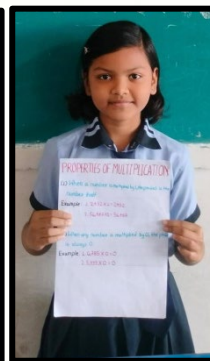
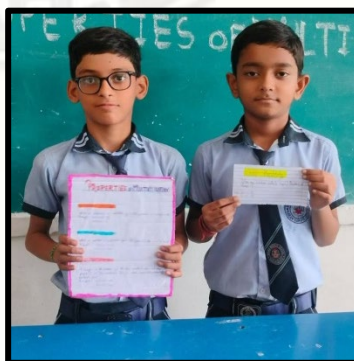
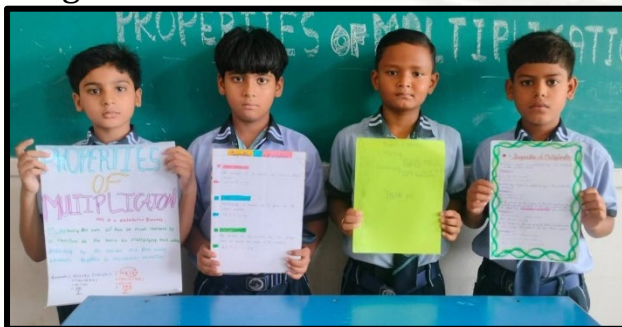
engaging through active student participation.

During the presentation, students confidently explained the fundamental **properties of multiplication**, including the **Commutative Property**, **Associative Property**, **Identity Property**, **Zero Property**, and **Distributive Property**. They used charts, flashcards, colourful illustrations, and real-life examples to demonstrate how these properties simplify mathematical calculations and problem-solving.



The presentation encouraged students to think critically, communicate their ideas effectively, and develop confidence while speaking before an audience. Teachers guided the students throughout the activity and highlighted the importance of understanding mathematical concepts rather than simply memorizing formulas.

The audience appreciated the students for their clarity, creativity, and enthusiastic participation. The interactive session allowed students to ask questions, solve examples, and deepen their understanding of multiplication in an enjoyable learning environment.



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Kargil Vijay Diwas Patriotic Song



Mona Modern English Medium School, Sarangarh proudly commemorated **Kargil Vijay Diwas** with a heartfelt **patriotic song performance** to honour the courage, sacrifice, and dedication of the brave soldiers of the Indian Armed Forces. The programme aimed to instill patriotism, national pride, and respect for the heroes who safeguarded the nation's sovereignty

during the Kargil War.

The celebration began with a brief address highlighting the significance of **Kargil Vijay Diwas**, observed every year on **26th July** to remember India's victory in the 1999 Kargil War and to pay tribute to the valiant soldiers who made the ultimate sacrifice for the country.



The highlight of the event was a melodious and inspiring **patriotic song performance** presented by the students. Dressed in colourful costumes representing the Indian tricolour, the young performers sang with enthusiasm, confidence, and deep respect for the nation. Their soulful voices and synchronized presentation created an atmosphere filled with patriotism and gratitude.



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Speech on Kargil Vijay Diwas

Mona Modern English Medium School, Sarangarh solemnly observed **Kargil Vijay Diwas** by organizing a **Speech Presentation** to honour the bravery, sacrifice, and patriotism of the Indian Armed Forces. The programme aimed to educate students about the significance of the Kargil War and inspire them to develop a deep sense of national pride and responsibility.



The event began with a brief introduction to the importance of **Kargil Vijay Diwas**, which is observed every year on **26th July** to commemorate India's victory in the 1999 Kargil War and to pay tribute to the courageous soldiers who laid down their lives while protecting the nation.

Students confidently delivered inspiring speeches highlighting the courage, determination, and selfless service of the brave soldiers. They spoke about the sacrifices made during

the Kargil War and emphasized the values of patriotism, unity, discipline, and dedication to the country. Their meaningful words touched the hearts of everyone present and reminded the audience of the importance of respecting and supporting the nation's defenders. Teachers appreciated the students for their confidence, eloquence, and excellent presentation skills.



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Kargil Vijay Diwas Patriotic Dance



Mona Modern English Medium School, Sarangarh proudly celebrated **Kargil Vijay Diwas** with a captivating **patriotic dance performance** to pay tribute to the brave soldiers of the Indian Armed Forces who sacrificed their lives during the 1999 Kargil War. The programme was organized to instill patriotism, courage, and respect for the

nation's heroes among students.

The celebration began with a brief introduction to the significance of **Kargil Vijay Diwas**, observed every year on **26th July** to commemorate India's victory in the Kargil War and to honour the extraordinary bravery and dedication of the soldiers who defended the country's sovereignty.

The highlight of the event was a vibrant and emotional dance performance presented by the students. Dressed in colourful patriotic costumes, they performed gracefully to inspiring national songs, expressing themes of courage, unity, sacrifice, and love for the motherland. Their synchronized movements, expressive performances, and enthusiastic participation filled the atmosphere with pride and patriotism.



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Kargil Vijay Diwas Celebration

Mona Modern English Medium School, Sarangarh proudly celebrated **Kargil Vijay Diwas** with great patriotism and respect to honour the brave soldiers of the Indian Armed Forces who made the ultimate sacrifice during the 1999 Kargil War. The programme aimed to inspire students with the values of courage, unity, discipline, and love for the nation.



The celebration began with a special assembly where teachers explained the significance of **Kargil Vijay Diwas**, observed every year on **26th July** to commemorate India's victory in the Kargil War. Students learned about the bravery, determination, and selfless service of the soldiers who protected the country's sovereignty under

challenging conditions.

A variety of patriotic activities, including speeches, songs, dance performances, and poem recitations, were presented by the students. Their enthusiastic participation reflected deep respect and gratitude for the brave martyrs who dedicated their lives to safeguarding the nation. The performances filled the school campus with a spirit of patriotism and national pride.



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Speech Competition on the Indian Army – Kargil Vijay Diwas



Mona Modern English Medium School, Sarangarh organized a **Speech Competition on the Indian Army** as part of the **Kargil Vijay Diwas** celebration to honour the courage, dedication, and sacrifices of the brave soldiers who protect the nation. The event aimed to inspire students with the values of patriotism, discipline, leadership, and national service.

The programme began with a brief introduction to the significance of **Kargil Vijay Diwas**, observed every year on **26th July** to commemorate India's victory in the 1999 Kargil War and to pay tribute to the brave soldiers who laid down their lives for the country.

Students from different classes enthusiastically participated in the speech competition, delivering inspiring speeches on the role of the **Indian Army**, the bravery of the Kargil heroes, and the importance of national unity and security. They confidently expressed their admiration for the soldiers and highlighted the values of courage, selfless service, determination, and sacrifice.



The audience appreciated the students for their confidence, excellent communication skills, and well-prepared speeches. Teachers encouraged participants to continue developing their public speaking abilities while nurturing respect and gratitude for the nation's armed forces.



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International Tiger Day



Mona Modern English Medium School, Sarangarh enthusiastically celebrated **International Tiger Day** to raise awareness among students about the importance of tiger conservation and wildlife protection. The programme aimed to educate students about the vital role tigers play in maintaining ecological balance and to inspire them to become responsible protectors of nature.

The celebration began with an informative session on the significance of **International Tiger Day**, observed every year on **29th July**. Teachers explained the importance of conserving tigers, protecting their natural habitats, and preserving biodiversity. Students learned about the challenges faced by tigers, including habitat loss and poaching, and discussed ways to support wildlife conservation.



Students actively participated in various activities such as speeches, poster-making, drawing, quizzes, and presentations related to tiger conservation. Their creative work reflected their understanding of the importance of protecting endangered species and maintaining a healthy environment.

Teachers encouraged students to adopt eco-friendly practices, spread awareness about wildlife conservation, and contribute towards protecting forests and natural resources. The programme emphasized that every individual has a responsibility to safeguard the environment for future generations.



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Guru Purnima 2026 – Dance Drama on Eklavya



Mona Modern English Medium School, Sarangarh celebrated **Guru Purnima 2026** with great devotion and enthusiasm by presenting a captivating **Dance Drama on Eklavya**. The programme was organized to honour the sacred bond between a teacher and a student while highlighting the timeless values of respect, dedication, discipline, and

perseverance.

The celebration began with an introduction to the significance of **Guru Purnima**, a day dedicated to expressing gratitude and respect towards teachers, mentors, and guides who shape our lives through knowledge and wisdom.



The highlight of the event was the beautifully choreographed **Dance Drama on Eklavya**, inspired by the great Indian epic, the *Mahabharata*. Through expressive dance, music, and dramatic performances, students portrayed the inspiring story of Eklavya, whose unwavering devotion to his guru, determination to learn, and spirit of sacrifice continue to inspire generations. The performance conveyed important values such as humility, dedication, obedience, and respect for one's teacher.

The audience was deeply moved by the students' confident acting, graceful dance, colourful costumes, and meaningful expressions. Teachers and parents appreciated the outstanding performance and the sincere efforts of the students in bringing this inspiring story to life.



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Guru Purnima 2026 – Song Performance



Mona Modern English Medium School, Sarangarh celebrated **Guru Purnima 2026** with great reverence and enthusiasm through a soulful **Song Performance** dedicated to honouring teachers and mentors. The programme was organized to express gratitude towards gurus who enlighten students with knowledge, wisdom, and moral values.

to the significance of **Guru Purnima**, a festival that recognizes the invaluable contribution of teachers in shaping the lives and character of students. The gathering reflected the spirit of respect, gratitude, and devotion towards all educators.

The celebration began with a brief introduction



The highlight of the event was a melodious **song performance** presented by the students. With heartfelt expressions and harmonious voices, they performed songs dedicated to the importance of teachers and the sacred bond between a guru and a disciple. The meaningful lyrics and graceful presentation created an atmosphere filled with respect, inspiration, and joy.

Teachers, parents, and guests appreciated the students for their confidence, dedication, and excellent musical performance. The programme beautifully conveyed the message that teachers are the guiding lights who inspire students to achieve success and become responsible citizens.



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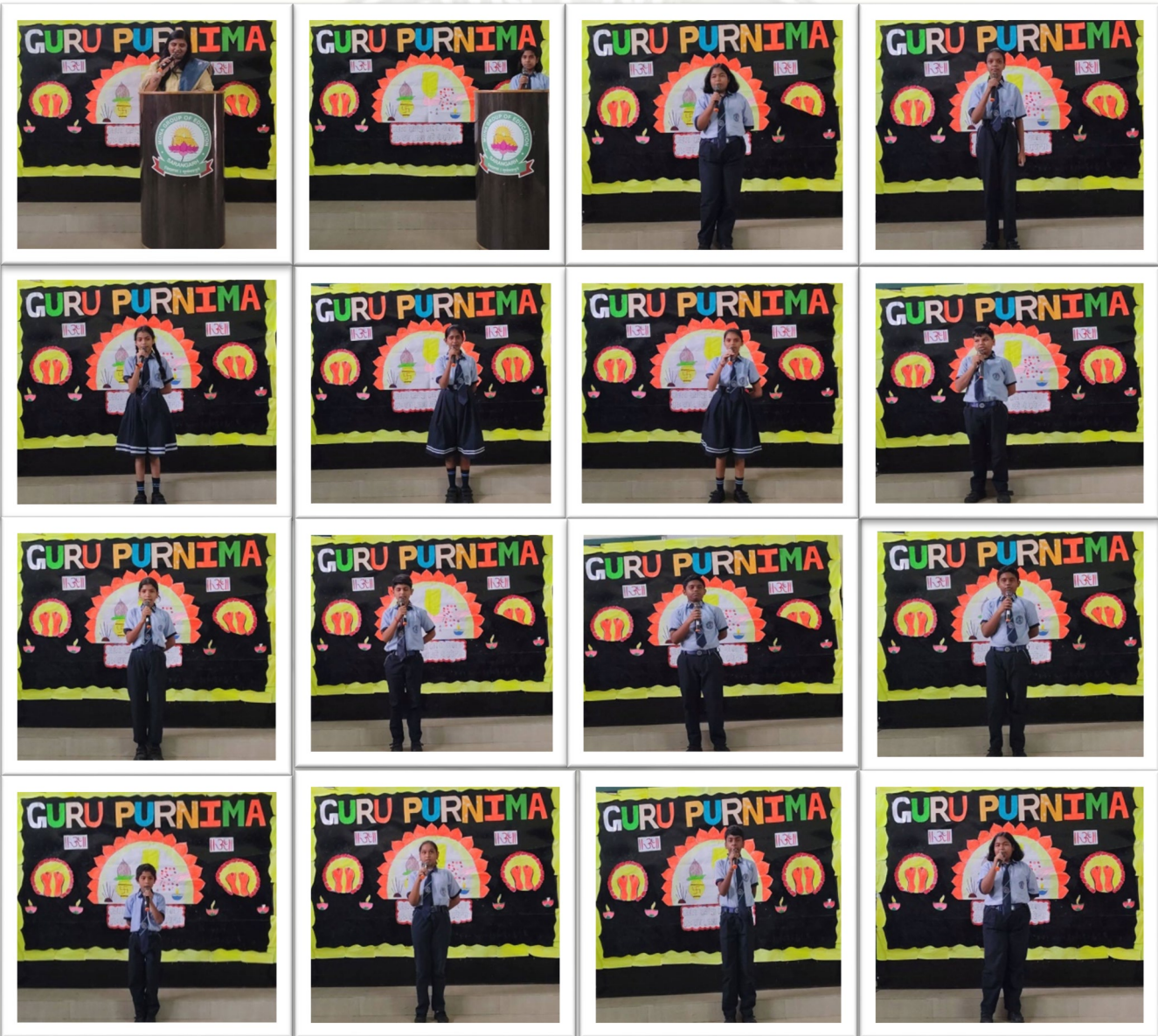


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गुरु पूर्णिमा 2026 गुरु पर कविता वाचन प्रतियोगिता

Mona Modern English Medium School, Sarangarh celebrated **Guru Purnima 2026** with great devotion and enthusiasm by organizing a **Poetry Recitation Competition on Guru**. The event aimed to instill respect, gratitude, and admiration for teachers while promoting students' literary and public speaking skills.



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Guru Purnima 2026



Mona Modern English Medium School, Sarangarh celebrated **Guru Purnima 2026** with great devotion, respect, and enthusiasm. The special occasion was dedicated to expressing gratitude to teachers, mentors, and guides who play a vital role in shaping the lives and

future of students through knowledge, wisdom, and values.

The celebration began with a special assembly, where students and teachers highlighted the significance of **Guru Purnima** and the importance of the timeless **Guru-Shishya (Teacher-Student)**

tradition. Students paid tribute to their teachers through heartfelt speeches, inspiring poems, devotional songs, and cultural performances that reflected their love, respect, and appreciation.



The event featured a variety of activities, including **dance performances, song presentations, poetry recitation, speeches, and a dance drama on Eklavya**, beautifully portraying the ideals of dedication, discipline, and respect for one's teacher. The performances filled the school campus with joy, inspiration, and a deep sense of gratitude.



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Harit Utsav 2026 – Leaf Painting



Mona Modern English Medium School, Sarangarh enthusiastically celebrated **Harit Utsav 2026** by organizing a creative **Leaf Painting Activity** to inspire students to appreciate nature and promote environmental awareness. The activity aimed to encourage

creativity while educating students about the importance of protecting trees, plants, and the natural environment.

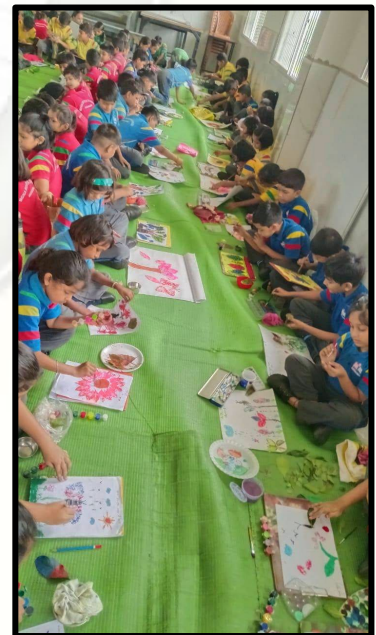
Students participated with great enthusiasm, using fresh and dried leaves of different shapes and sizes to create beautiful paintings and artistic designs. They explored various colours, patterns, and techniques to transform natural



leaves into unique works of art. The activity not only enhanced their artistic skills but also helped them understand the beauty and diversity of nature.

Teachers guided the students throughout the

session and explained the importance of environmental conservation, afforestation, and sustainable living. Students were encouraged to plant more trees, reduce waste, and adopt eco-friendly practices to protect the environment for future generations. The colourful artworks displayed the students' imagination, creativity, and love for nature. Teachers and visitors appreciated their innovative ideas and active participation, making the event both educational and enjoyable.



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Harit Utsav – Dance Performance



As part of the **Harit Utsav** celebration, the students of **Mona Modern English Medium School, Sarangarh** presented a vibrant and meaningful dance performance dedicated to nature and environmental conservation. Dressed in beautiful green-themed costumes, the young performers captivated the audience with their graceful movements and energetic expressions.

The dance beautifully conveyed the message of protecting trees, preserving greenery, and maintaining a clean and healthy environment. Through music, rhythm, and creative choreography, the students highlighted the importance of living in harmony with nature and inspired everyone to take responsibility for safeguarding our planet.



The performance was highly appreciated by teachers, parents, and guests for its creativity, coordination, and powerful environmental message. The enthusiastic participation of the students reflected their awareness and commitment towards building a greener and more sustainable future.



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Presentation on "Save Trees, Save Earth"



Mona Modern English Medium School, Sarangarh, organized an informative and inspiring presentation on the theme **"Save Trees, Save Earth"** to create awareness about the importance of trees and environmental conservation. The students confidently shared valuable information about the vital role trees play in maintaining ecological balance and ensuring a healthy future for all living beings.

Through creative charts, informative slides, and thought-provoking facts, the students explained how trees provide oxygen, reduce pollution, prevent soil erosion, conserve water, and support biodiversity. They also highlighted the harmful effects of deforestation and climate change, encouraging everyone to adopt eco-friendly habits and participate in tree plantation drives.



The presentation inspired students, teachers, and parents to understand that every individual has a responsibility to protect nature. The audience appreciated the students' confidence, knowledge, and dedication to spreading the message of environmental conservation.



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Harit Utsav 2026 – Plantation

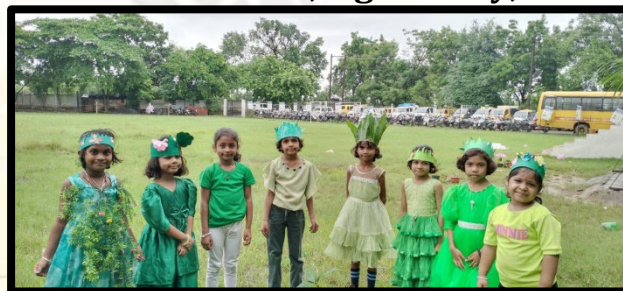


Mona Modern English Medium School, Sarangarh celebrated **Harit Utsav 2026** with great enthusiasm by organizing a special **Plantation Drive** on the school campus.

The plantation activity aimed to create awareness among students about the importance of **trees, greenery, and**

environmental conservation. Students and teachers actively participated in planting saplings and learned about the role of trees in maintaining a healthy and balanced environment.

During the activity, students were encouraged to take responsibility for



caring for the planted saplings and to develop a habit of protecting nature. The programme also highlighted the importance of reducing pollution, conserving natural resources, and creating a greener future.

The activity was both educational and inspiring, helping students understand that **every tree planted today is a step towards a cleaner, healthier, and sustainable tomorrow.**

Mona Modern English Medium School, Sarangarh appreciates the active participation of all students and teachers and encourages everyone to contribute towards making our surroundings greener.



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Harit Utsav 2026 – Flower Pot Decoration Competition



Mona Modern English Medium School, Sarangarh celebrated **Harit Utsav 2026** with great enthusiasm by organizing a creative **Flower Pot Decoration Competition** for the students.

The competition provided students with an opportunity to express their **creativity, imagination, and artistic skills** while promoting the importance of greenery and environmental conservation. Students beautifully decorated flower pots using attractive colours, creative designs, and eco-friendly materials. Through this activity, students learned that waste and unused materials can be transformed into beautiful and useful decorative items. The competition also encouraged students to develop a sense of **responsibility towards nature** and to keep their surroundings clean and green.



The beautifully decorated flower pots added colour and charm to the school environment. Teachers appreciated the creativity and enthusiastic participation of all the students and encouraged them to continue spreading the message of “**Go Green, Keep the Earth Clean.**”



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Harit Utsav 2026 – Poster Making Competition “My Dream Green Earth”



Mona Modern English Medium School, Sarangarh celebrated Harit Utsav 2026 with great enthusiasm by organizing a creative **Poster Making Competition** on the theme “My Dream Green Earth.”

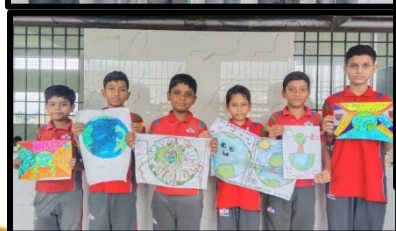
The competition provided students with an opportunity to express their **creativity, imagination, and concern**

for the environment through colourful and meaningful posters. Students presented their vision of a greener and healthier Earth by highlighting themes such as **tree plantation, clean surroundings, pollution control, saving water, protecting wildlife, and sustainable living.**



Through their artistic creations, students conveyed an important message that protecting the environment is not only our responsibility but also our duty towards future generations. The activity encouraged students to think creatively while developing awareness about environmental conservation.

Teachers appreciated the students for their enthusiastic participation and impressive artwork. The competition was an enjoyable and educational part of **Harit Utsav 2026**, inspiring everyone to take small but meaningful steps towards a greener planet.



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Harit Utsav 2026 – Speech Competition “Climate Change: A Challenge for Humanity”



Mona Modern English Medium School, Sarangarh organized an inspiring **Speech Competition** as part of **Harit Utsav 2026** on the theme “**Climate Change: A Challenge for Humanity.**”

The competition provided students with a platform to express their thoughts and raise awareness about the growing impact of climate change on our planet. Students spoke confidently about issues such as **global warming, rising temperatures, pollution, deforestation, changing**

weather patterns, and the need to protect our natural resources.

Through their speeches, students emphasized that climate change is not only an environmental issue but also a serious challenge affecting **human health, agriculture, water resources, biodiversity, and future generations.** They encouraged everyone to adopt eco-friendly habits, plant more trees, reduce waste, conserve water, and use natural resources responsibly.

The students demonstrated excellent **confidence, communication skills, awareness, and knowledge** of environmental issues. Teachers appreciated their thoughtful speeches and encouraged them to become responsible citizens and ambassadors of environmental protection.

The speech competition was a meaningful and educational part of **Harit Utsav 2026**, inspiring students to understand their role in creating a cleaner, greener, and more sustainable future.



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Harit Utsav 2026 – Speech Competition “Green India, Healthy India”

Mona Modern English Medium School, Sarangarh organized an inspiring **Speech Competition** as part of **Harit Utsav 2026** on the theme “**Green India, Healthy India.**”



The competition provided students with an excellent platform to express their thoughts and ideas about the importance of a **clean, green, and healthy environment**. Students spoke confidently about the need for tree plantation, protection of forests, reduction of pollution, conservation of water, and responsible use of natural resources.

Through their speeches, students highlighted the strong connection between a healthy environment and a healthy life. They emphasized that planting more trees, keeping our surroundings clean, reducing plastic use, and adopting eco-friendly habits can contribute significantly to building a greener India.

The students demonstrated impressive **confidence, communication skills, environmental awareness, and creativity**. Their meaningful speeches inspired everyone to take small but effective steps towards protecting nature.



The event was an enriching and educational part of **Harit Utsav 2026**, encouraging students to become responsible citizens and active contributors to environmental conservation.



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Harit Utsav 2026 – Celebrated Harit Utsav With Colours

Mona Modern English Medium School, Sarangarh celebrated Harit Utsav 2026 with great enthusiasm and creativity through a special “Celebration with Colours” activity.

The event provided students with an opportunity to express their **creativity, imagination, and love for nature through colours**. Students participated enthusiastically and created colourful artworks reflecting the beauty of nature, greenery, flowers, trees, and a clean and healthy environment.



Through their vibrant artwork, students conveyed the message that **colours and creativity can inspire people to care for and protect our planet**. The activity also encouraged students to appreciate the beauty of nature and understand the importance of keeping their surroundings green and pollution-free.

Teachers appreciated the students for their wonderful creativity, enthusiastic participation, and meaningful presentations. The activity was an enjoyable and educational part of **Harit Utsav 2026**, combining art with environmental awareness.

Mona Modern English Medium School, Sarangarh congratulates all the participating students for their creative efforts and encourages them to continue spreading the message of environmental protection.



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Harit Utsav 2026 – Poster Making Competition “Save Trees, Save Life”

Mona Modern English Medium School, Sarangarh organized a creative **Poster Making Competition** as part of **Harit Utsav 2026** on the theme “**Save Trees, Save Life.**”



The competition provided students with a wonderful platform to express their **creativity, imagination, and concern for the environment** through colourful and meaningful posters.

Students highlighted the importance of trees in maintaining ecological balance and supporting life on Earth.

Through their posters, students conveyed powerful messages about **tree plantation, protecting forests, reducing pollution,**



conserving natural resources, and creating a greener future. Their artwork reflected the understanding that trees provide oxygen, reduce pollution, support biodiversity, and help maintain a healthy environment.

The activity encouraged students to become responsible citizens and motivated them to take simple steps towards protecting nature. Teachers appreciated the students for their enthusiastic participation, creative ideas, and thoughtful presentations.



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मुंशी प्रेमचंद जयंती ईदगाह पर नाटक प्रस्तुतीकरण



हिंदी के महान साहित्यकार मुंशी प्रेमचंद जी की जयंती के अवसर पर विशेष कार्यक्रम का आयोजन किया गया। इस अवसर पर विद्यार्थियों द्वारा प्रेमचंद जी की प्रसिद्ध कहानी 'ईदगाह' पर आधारित भावपूर्ण नाटक का मंचन किया गया।



नाटक के माध्यम से विद्यार्थियों ने हमिद और उसकी दादी अमीना के पात्रों को जीवंत करते हुए प्रेम, त्याग, संवेदना और पारिवारिक स्नेह का सुंदर संदेश प्रस्तुत किया। हमिद का अपनी दादी के प्रति प्रेम और मेले में खेलौनों के बजाय उनके लिए चिमटा खरीदने का प्रसंग दर्शकों को भावुक कर गया। विद्यार्थियों ने अपने प्रभावशाली अभिनय, संवाद एवं मंच प्रस्तुति से दर्शकों का मन मोह लिया। इस नाटक के माध्यम से विद्यार्थियों ने यह संदेश दिया कि सच्चा प्रेम निःस्वार्थ होता है और अपनों की खुशी को अपनी खुशी से ऊपर रखना ही मानवता की पहचान है।

विद्यालय के प्राचार्य एवं शिक्षकों ने विद्यार्थियों के उत्कृष्ट प्रदर्शन की सराहना की और कहा कि प्रेमचंद जी की रचनाएँ हमें सादगी, मानवीय संवेदनाओं, नैतिक मूल्यों और सामाजिक जिम्मेदारी की सीख देती हैं। “साहित्य से संस्कार, नाटक से विचार और विचार से बेहतर समाज।”



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It reflects our commitment to nurturing curiosity, creativity and character in every student.



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with Curiosity



LEAD

with Confidence



SERVE

with Compassion



GROW

with Character

“ Education is not the
filling of a bucket,
but the lighting of a **fire**.

– William Butler Yeats

”

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